





# PAL & CCA Presentation

14 Jan 2017



# What is PAL?(Programme for Active Learning)

- PAL is a major initiative to address the need for greater emphasis on non-academic programmes for all P1 and P2 pupils.
  - It consists of modules of activities in 4 domains namely: **Sports & Games, Outdoor Education(OE), Performing Arts** and **Visual Arts**, which are carried out within the curriculum time.
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# PAL@AMKPS

<b>Term</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
P1	Sports & Games	Outdoor Education(OE)	Visual Art	Music
	Vendor-Based	Teacher-Facilitated	Teacher-Facilitated	Teacher-Facilitated
P2	Outdoor Education(OE)	Sports & Games	Visual Art	Music
	Teacher-Facilitated	Vendor-Based	Teacher-Facilitated	Teacher-Facilitated

# Schedule for P1 & P2 PAL Lessons

Class	Day	Time
1 Integrity (1A)	Tues	0740-0940
1 Respect (1B)	Tues	0740-0940
1 Care (1C)	Fri	0740-0940
1 Responsibility (1D)	Fri	0740-0940
1 Excellence (1E)	Thurs	0740-0940
1 Resilience (1F)	Thurs	0740-0940

Class	Day	Time
2 Integrity (2A)	Thurs	0740-0940
2 Respect (2B)	Thurs	0740-0940
2 Care (2C)	Fri	0740-0940
2 Responsibility (2D)	Fri	0740-0940
2 Excellence (2E)	Tues	0740-0940
2 Resilience (2F)	Tues	0740-0940
2 Courage (2G)	Tues	0740- 0940

# Pupils @PAL (Sports & Games)



Explore, Experience and Discover





# Pupils @PAL (OE)



Explore, Experience and Discover



Learning Outcomes of PAL:





- Develop **confidence** in what they do and express themselves effectively.
  - Exhibit **curiosity** and a **positive attitude** to learn.
  - Enjoy **group experiences** and **teamwork**.
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CCA@AMKPS









## Why Join CCA?

- Good platform to develop interest and learn new skills.
  - Opportunities to meet like-minded friends.
  - Form strong friendship with peers and the community.
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# Guidelines

- All CCA sessions will be conducted after school.
  - P3 – P6 pupils are strongly encouraged to participate in 1 CCA.
  - Pupils must remain in the same CCA throughout the year
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# Guidelines

- Pupils must submit a letter from parent or MC when absent from a CCA session.
  - CCA will start in Term 1 Week 3 and continue until the end of the year.
  - There will be no CCA sessions during exam weeks.
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# CCAs Available

## Sports

- Badminton
- Netball
- Table Tennis\*
- Track and Field\*
- Basketball\*
- Football

## Clubs

- Art Club
- InfoComm Club
- Robotics Club
- English Drama Club
- Environment Club

## Uniformed Groups

- Red Cross
- Scouts

## Performing Arts

- Brass Band\*
- Dance Ensemble\*





\* Competitive CCA

# CCA Schedule 2017

Day	CCA	Time
<b>Tuesday</b>	Competitive CCAs (extra practice)	2.10pm to 4.30pm-4.45pm
<b>Thursday</b>	All CCAs	1.40 pm to 3.10pm (Indoor CCAs)  3.10pm to 4.40 pm Outdoor CCAs: Football, and Netball
<b>Friday</b>	Competitive CCAs (optional session)	1.40pm to 3.40pm (Varies from competitive CCA to competitive CCA)



## P2 Camp Integrity(Platform for CCA Selection)

- Conducted end of term 3 during curriculum time.
  - To inculcate the value of integrity through introduction and experiential learning of fun-filled CCA-related activities.
  - Pupils will be exposed to 7 hands-on CCA activities ranging from sports and games to clubs and societies, performing arts, and uniformed groups.
  - Pupils will be given the CCA option form to choose the CCA that they want to join in P3.
  - Pupils will be informed of their CCAs by the end of term 4.
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# Pupils@CCA



A Journey of Learning and Discovery!

End of Presentation

