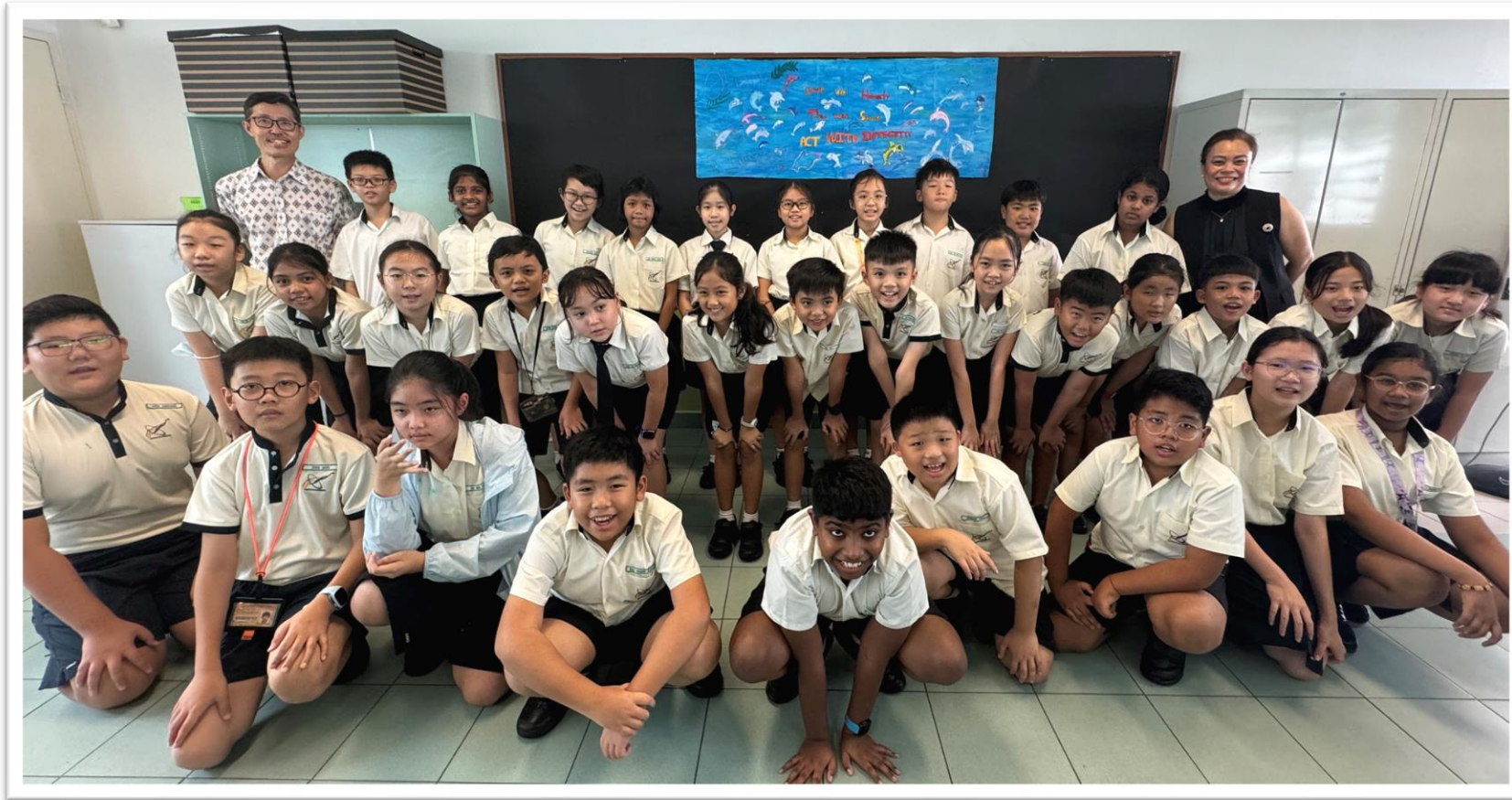


# Welcome to 5 Integrity



**Form Teachers**

**Mr Calvin Ong & Mrs Desri Lee**



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## Items to be covered

### The 3 Ps

1. **Place** – Classroom
  2. **People** – Teachers
  3. **Process** – Routines and Expectations
- Nurturing Winners





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**Place**

**5 Integrity Classroom**



# Place

## Virtual Tour of 5 Integrity Classroom

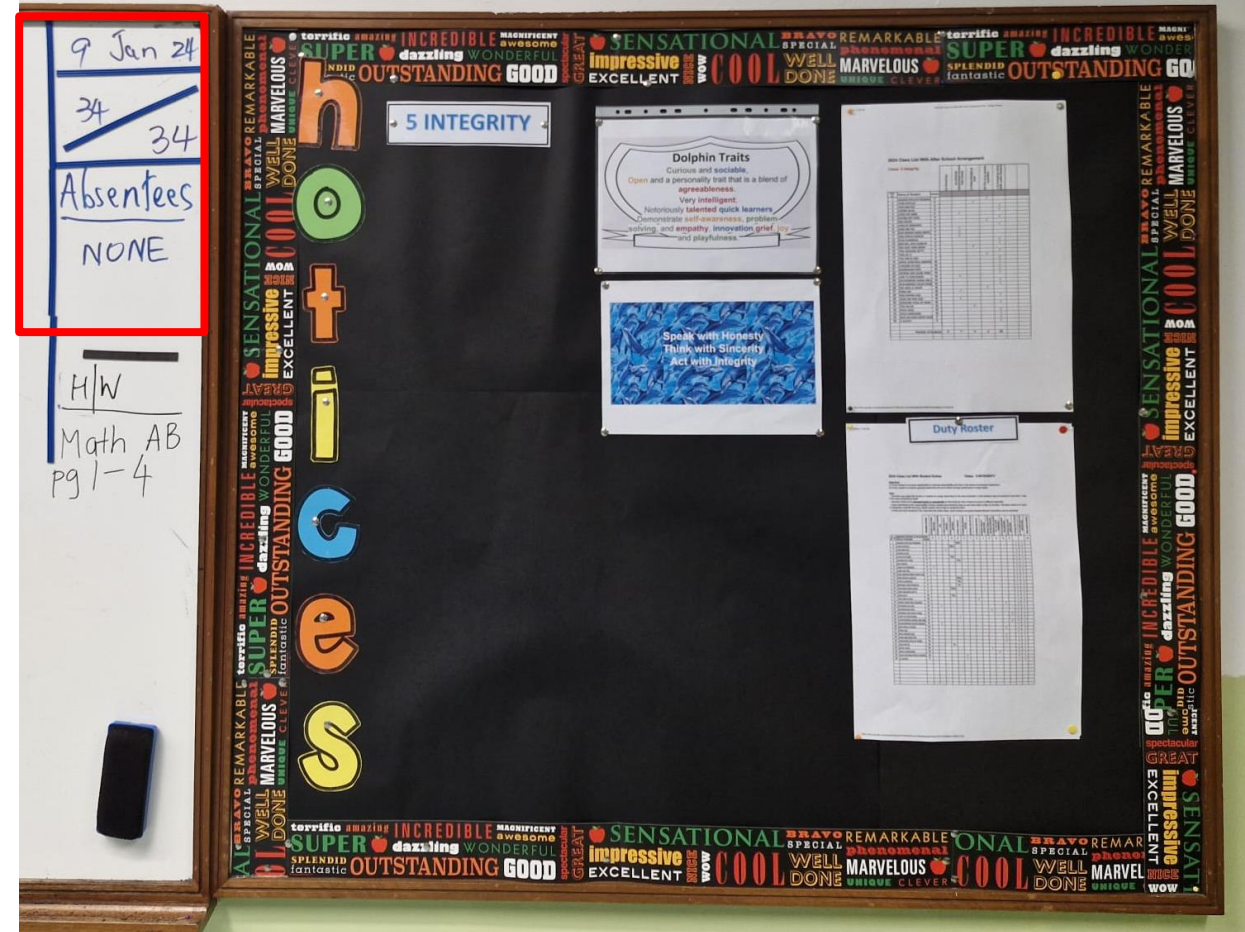
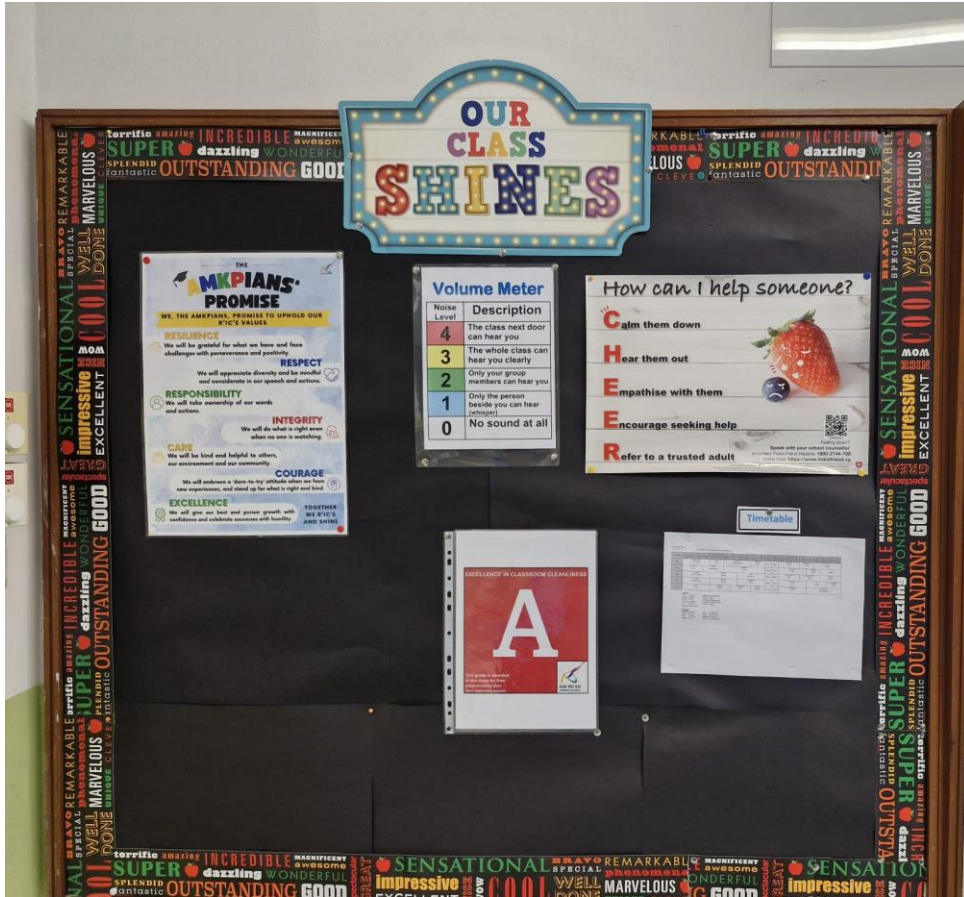
Have a look at the main classroom

- our 5 IN children spent their time
- it is their personalised 2<sup>nd</sup> home to learn and grow



# Place

Each week, one pupil learns to update this information (with teachers' guidance)



Clear visuals about routines – for pupils to acquire good habits

Notice Space – pupils learn to refer: e.g. class duties and duty roster



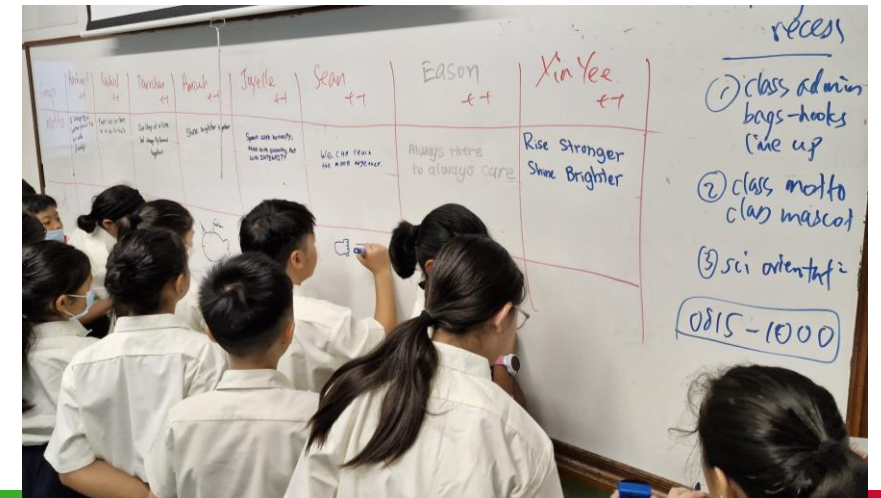
# Place

Rear Noticeboard

Class Mascot:  
*Dolphins*



Class Motto:  
*Speak with Honesty*  
*Think with Sincerity*  
*Act with Integrity*



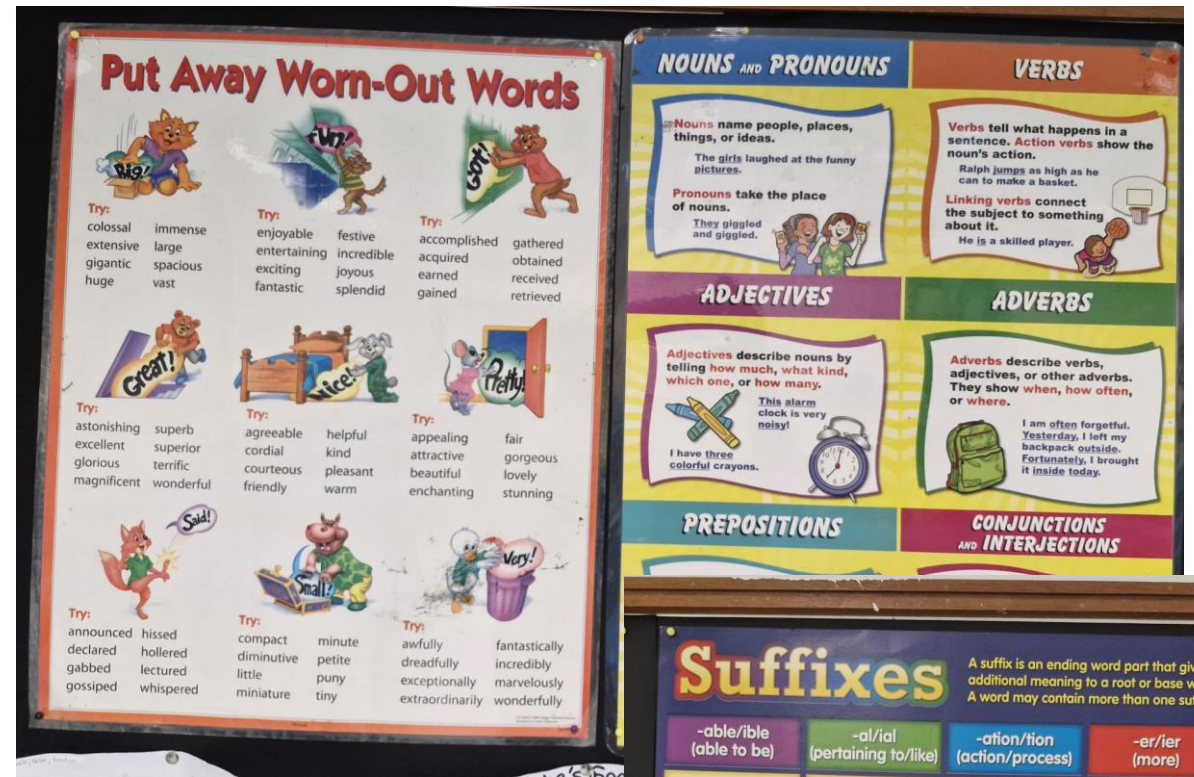
Brainstorming for Class Motto and Class Mascot

Sharing their proposed mascots and motto– for class voting



# Place

Space for children's work – to be seen by real audience (other children or anyone to the classroom)

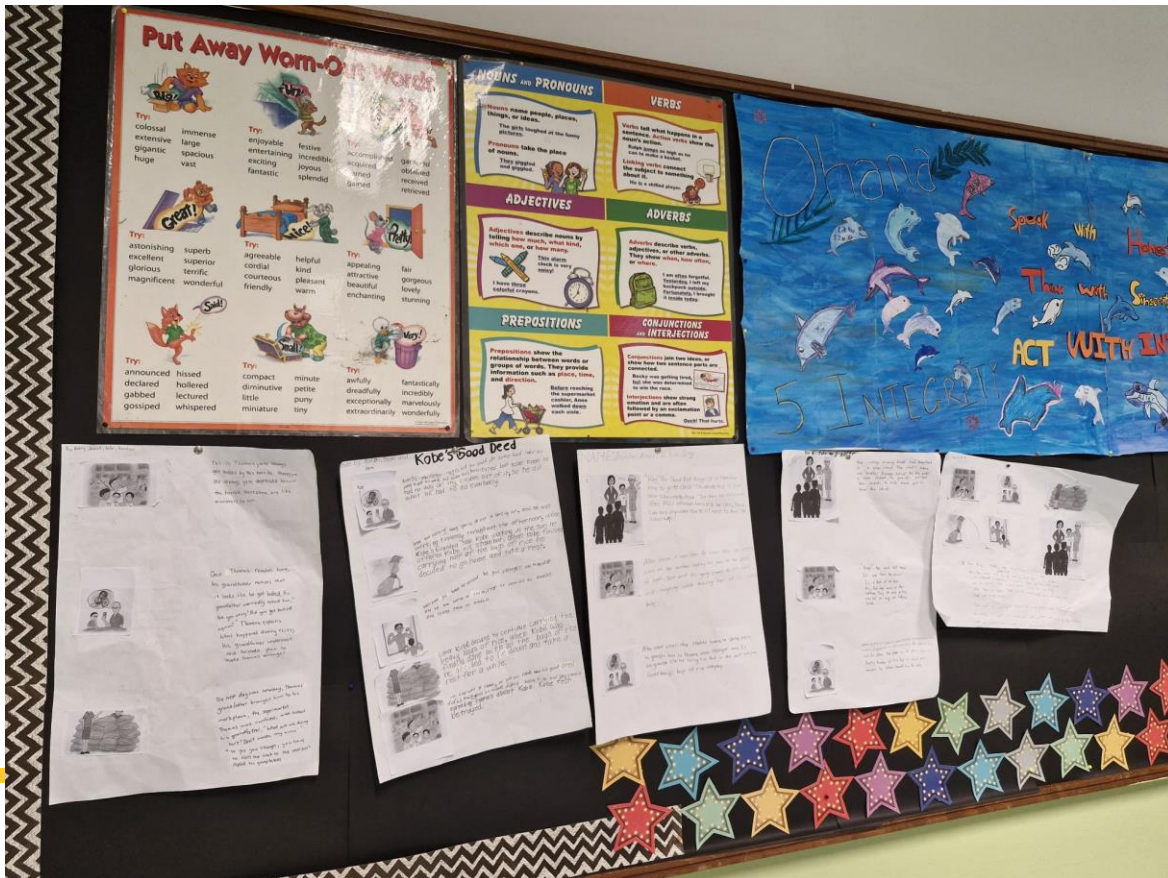


Posters of commonly used English words expected of upper primary

## Suffixes

A suffix is an ending word part that gives additional meaning to a root or base word. A word may contain more than one suffix.

-able/ible (able to be)	-al/ial (pertaining to/like)	-ation/tion (action/process)	-er/ier (more)
breakable likeable responsible reversible	electrical facial magical tropical	collaboration communication inspiration reflection	busier easier faster higher
-est/iest (most)	-ful (full of)	-ify/fy (cause/make)	-ily/ly (describes how)
closest fiercest mightiest wisest	beautiful doubtful hopeful successful	amplify beautify justify terrify	completely lovely openly suddenly
-ious/ous (full of)	-ish (having the quality of)	-ive (quality/state)	-less (lack of/without)
ambitious disasterous glorious ridiculous	childish foolish smallish yellowish	creative effective supportive talkative	aimless careless harmless restless
-ment (act of/state of)	-ness (state of being)	-some (characterized by)	-ty (condition/state)
assignment encouragement management shipment	awareness darkness goodness sadness	awesome fearsome lonesome troublesome	ability loyalty novelty specialty



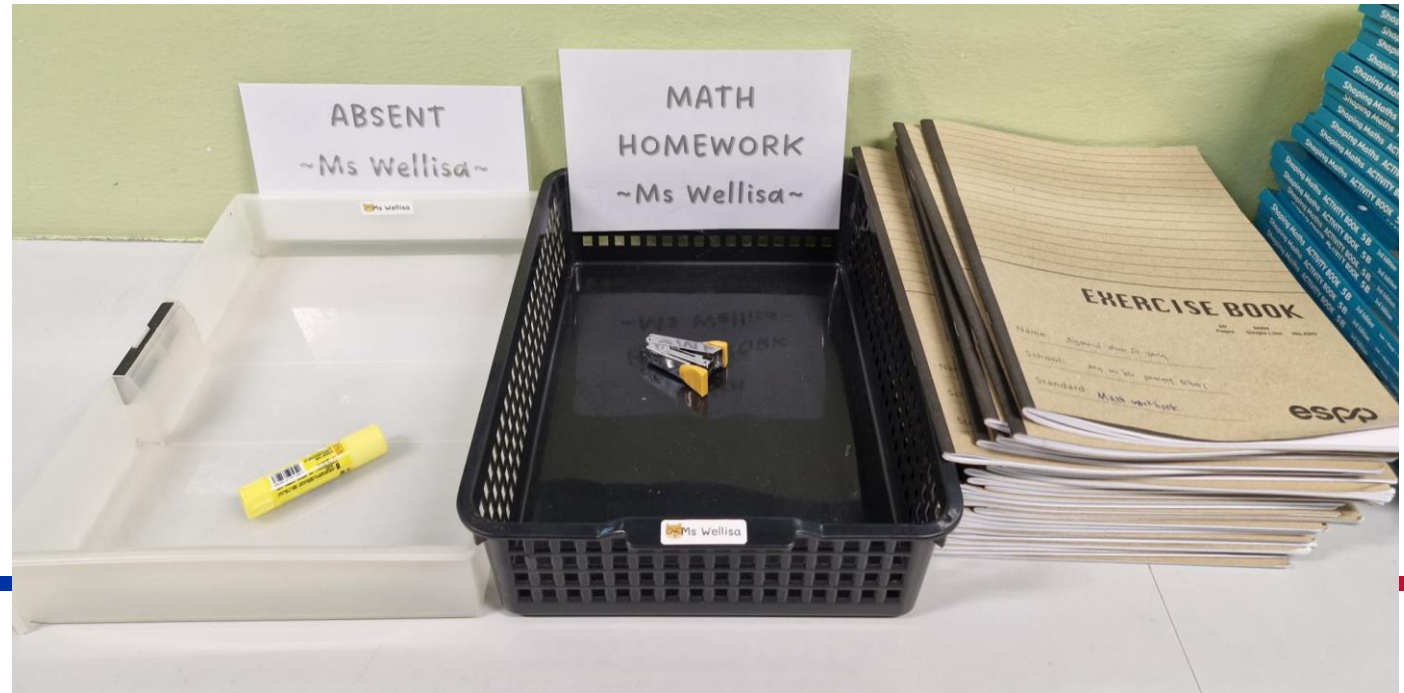


# Place

Others:

Cubby holes – keep main items in school so pupils have lighter school bags eg art bags, whiteboards, unused AB

Trays – pupils independently hand in homework or self-collect assignments (when absent previous day) or neatly keep personal items







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**People**

**Subject Teachers of 5 Integrity**

# People: Subject Teachers



**Mrs Desri Lee**

English &  
Social Studies



**Ms Wellisa Liaw**

Mathematics



**Mdm Letchimi**

Foundation  
Mathematics



**Mr Calvin Ong**

Science



# People: Subject Teachers



**Mr Jason Teo**

Art



**Ms Yeo Sze Min**

PE



**Mrs Adeline Wong**

Music

# People: Subject Teachers



**Mdm Chang Shuyun**

CL 5.1



**Mdm Tan Shujun**

CL 5.2



**Mr Chen Jia Xing**

CL 5.3



**Mdm Chee Wai Yee**

CL 5.4



**Mdm Tay Hwee Ting**

FCL



# People: Subject Teachers



**Ms Fitri**

ML 5.1



**Mdm Amirah**

ML 5.2  
HML



**Ms Shamine**

TL 5.1  
TML



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# **Process**

## **Routines and Expectations Nurturing our Children**



# The AMKPIANS' Promise

Every  
AMKPian  
a student  
ambassador.

THE  
**AMKPIANS' PROMISE**

WE, THE AMKPIANS, PROMISE TO UPHOLD OUR R'IC'E VALUES

**RESILIENCE**  
We will be grateful for what we have and face challenges with perseverance and positivity.

**RESPECT**  
We will appreciate diversity and be mindful and considerate in our speech and actions.

**RESPONSIBILITY**  
We will take ownership of our words and actions.

**INTEGRITY**  
We will do what is right even when no one is watching.

**CARE**  
We will be kind and helpful to others, our environment and our community.

**COURAGE**  
We will embrace a 'dare-to-try' attitude when we face new experiences, and stand up for what is right and kind.

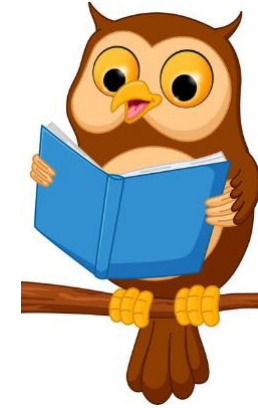
**EXCELLENCE**  
We will give our best and pursue growth with confidence and celebrate successes with humility.

**TOGETHER WE R'IC'E AND SHINE**

# Process: Routines and Expectations

## 1. Silent Reading

- to daily instil **self-discipline** and **love for knowledge**
- about the world or expand English Language ability
- a story book every day



## 2. School Uniform

- PE days – girls **must put on skorts**, then change to shorts before PE lessons



## 3. Rest Time

- to sleep **not later than 10 pm** (for 8 hours of rest, if rise at 6 am)



I go to sleep at 9 o'clock.



# Process: Routines and Expectations

## 4. School bags

- use timetable to ensure school bag is not overly heavy
- each child has a hook to hang his / her bag in school (check for weight, floor is neat and tidy)



## 5. After-school structure

- a structure to balance homework doing and rest and relaxation
- mutually agreeable for sense of ownership by our children

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1.30pm - 3.00pm	Shower, Lunch and Nap				
3.00pm - 4.30pm	Homework Supervision (school assignments, spelling, tingxie, centre assessments, handwriting practice)				
4.30pm - 4.45pm	Tea Break				
4.45pm - 5.15pm	Creativity & Innovation	Life Skills	Self Expression	Digital Literacy	General Knowledge
5.15pm - 6.00pm		Stretch & Move		Stretch & Move	
6.00pm - 7.00pm	Educational Games / Reading/Pick Up				

# Winners are Built not Born

Nurturing  
Winners



What makes **Winners**?



# Winners are Built through Routines

Badminton: Amid a tough 2022, world champion Loh Kean Yew is in search of his 'better self'



Loh Kean Yew competes at the 2022 Commonwealth Games. (File photo: Andy Chua/Commonwealth Games Singapore)

Matthew Mohan  
@MatthewMohanCNA

09 Aug 2022 12:51PM  
(Updated: 09 Aug 2022 01:52PM)



What is the golden lesson from Shanti?

Winning is not to be feared, this is what she tells us.

Winning is stressful years and shaken faith and a fast time can take a very long time. But winning is within reach. It's not that she saw herself on this podium, it's just that she never stopped reaching for podiums. 2 Oct 2023

Nurturing  
Winners

# Winners are Built through Routines



Handling pressure and expectations

## Shanti Pereira Inspires Us To Not Be Afraid Of Dreaming Big

To other Singaporeans who aspire for big goals like Shanti, Shanti advises, "if you find something that you are truly passionate about, whether it's a sport or any craft, don't be afraid to pursue it. At the end of the day, it's your journey, and only you have the power to tell what happens."

As cliché as this may sound, while we shouldn't be afraid to dream big, these achievements can only go hand in hand with hard work and sacrifice. Through breaking records and achieving new heights, we hope that Shanti continues to make our Little Red Dot proud.

Dream inspired Goal oriented



Loh is also dealing with the weight of expectations, which has affected his performance and that in turn has eaten into some of his confidence.

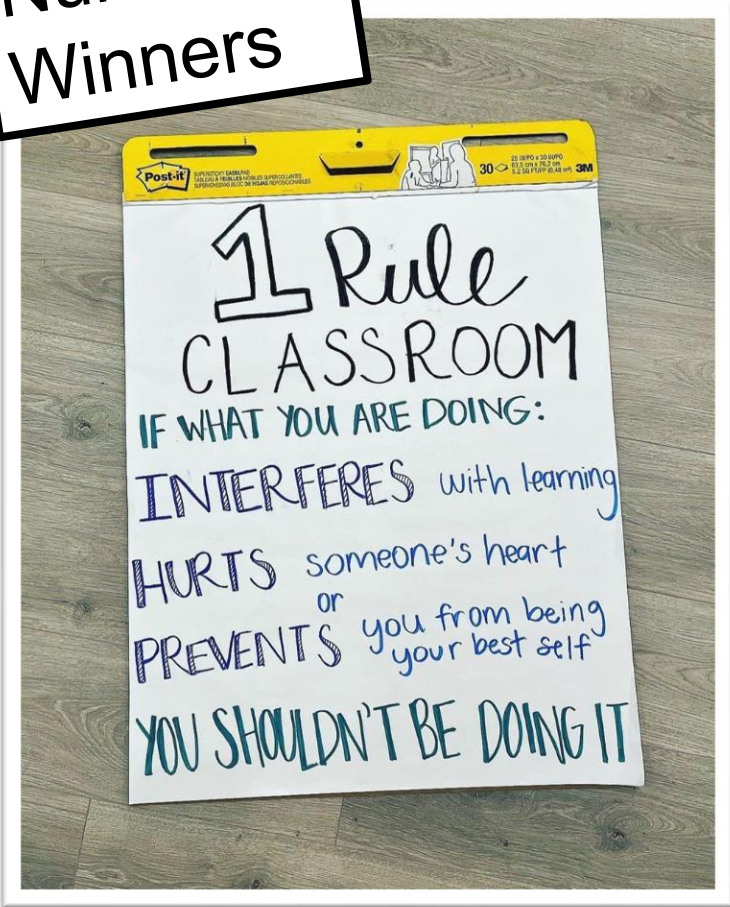
"(The struggle is) handling pressure which is part of it ... handling expectations. And of course to find my old form, how to keep playing (at) my best kind of form," he explained.

Nurturing  
Winners



# Nurturing Character for Performance Excellence

Nurturing  
Winners



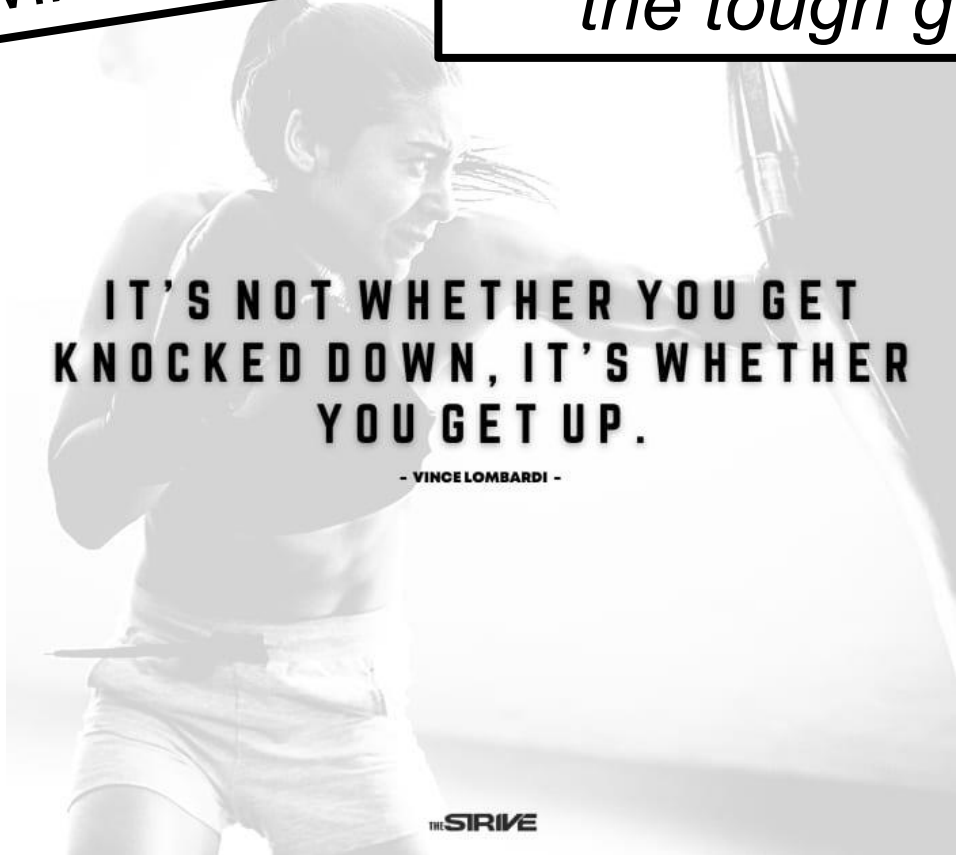
Reframe our challenges as *opportunities for growth*



# Nurturing Character for Performance Excellence

Nurturing  
Winners

*...when the going gets tough,  
the tough gets going...*





# Nurturing Character for Performance Excellence

Nurturing  
Winners

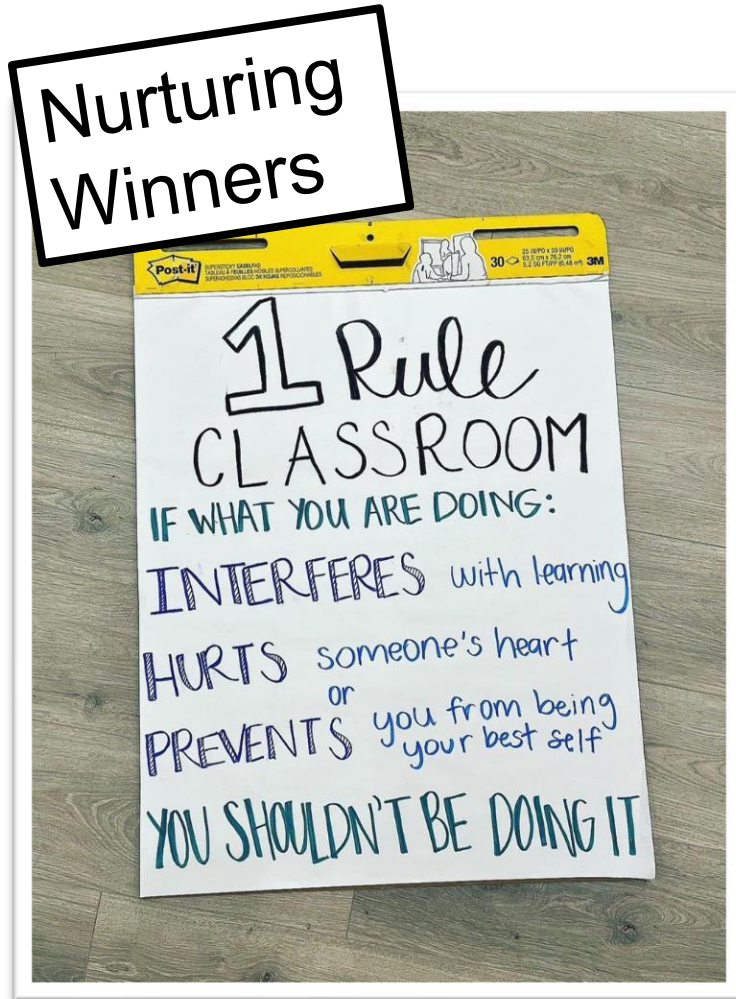
1 Rule  
CLASSROOM  
IF WHAT YOU ARE DOING:  
INTERFERES with learning  
HURTS someone's heart  
or  
PREVENTS you from being  
your best self  
YOU SHOULDN'T BE DOING IT

## Parent – Child Time





# Nurturing Character for Performance Excellence

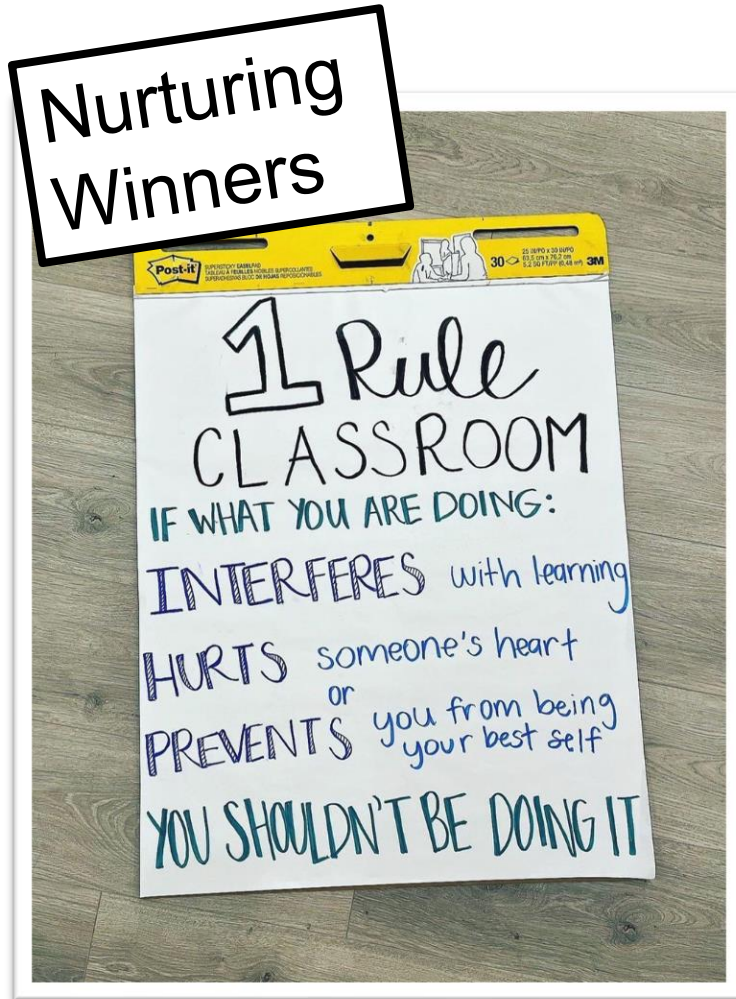


## Some Tips

- ✓ Check in with our children daily;
- ✓ Communicate with him or her;
- ✓ Show interest in what he/she does and likes;
- ✓ Set a time to help him or her in his/her areas of needs.

[Be There, Be Present]

# Nurturing Character for Performance Excellence



## Some Tips

- ✓ Role-model healthy habits;
- ✓ Set a routine for your child to complete the day's work (eg timetable);
- ✓ Help him or her organise time allocated for work assignments.

[Be There, Be Present]



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# Homework Policy



# AMKP Homework Policy

Level	Term Time				Vacation (Maximum per vacation, including March, June, Sept and Nov-Dec)
	Weekdays		Weekend (Maximum per weekend)	Festive Holiday	
	Maximum per day	Maximum per week			
P1 & P2	1 hour	5 hours	No Homework	No Homework	2.5 hours
P3 & P4	2 hours	10 hours	1.5 hours		5 hours
P5 & P6	2.5 hours	12.5 hours	2 hours		6 hours

Homework includes the Home-Based Learning via SLS.

# Homework Expectations and Consequences

## **Expectation:**

Students are to complete homework/assignment punctually.

## **Consequences:**

- Homework Intervention Plan (Parental Involvement)
- Loss of Recess Play to complete homework

\*You may refer to the Student Handbook [page 11-12](#) for more information on offences and consequences.



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# Remedial Programme



# Overview of Remedial Programme

- Remedial Programme will start on **Term 1 Week 5 (31 Jan)**.
- The sessions will be conducted on **Wednesdays and Thursdays**.
- Remedial sessions are conducted for **selected students** to provide additional support in their learning.
- Letters will be issued if your child/ward is identified for any of the sessions.

# Remedial Schedule for P5

	Day	Time	Programme
P5	Wednesday	1.30 pm – 2.15 pm	Science
		2.15 pm – 3.00 pm	Lunch Break
		3.00 pm – 3.45 pm	Mother Tongue
	Thursday	1.30 pm – 2.15 pm	Mathematics
		2.15 pm – 3.00 pm	Lunch Break
		3.00 pm – 3.45 pm	English



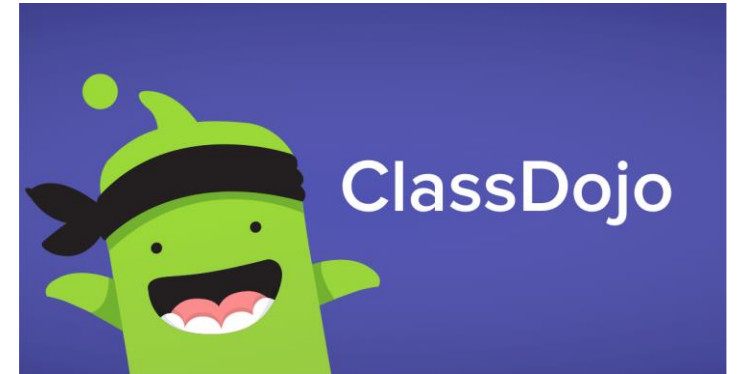
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# Communication



# Communication Platforms

- **Class Dojo (Primary / Main Channel)**
- Student Handbook
- Teacher's email
- General Office (64520794)  
[leave a message for teachers to return call]
- Face-to-face appointment  
[arrange with respective teachers]
- Parents' Gateway (PG)



# Contact Details

- **Form Teacher:** Mr Calvin Ong
- **Email:** [ong\\_yu\\_meng\\_calvin@moe.edu.sg](mailto:ong_yu_meng_calvin@moe.edu.sg)
  
- **Form Teacher:** Mrs Desri Lee
- **Email:** [desri\\_ann\\_leong@moe.edu.sg](mailto:desri_ann_leong@moe.edu.sg)
  
- Subject teachers: Email addresses can be found on the school website or you may send your queries through the form teachers
  
- General office: 6452 0794



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# **Teacher-Parent Interaction Time**

## **Q & A**



# We value your feedback!

Please scan the QR Code to give us your valuable feedback.

Thank you!



<https://go.gov.sg/amkpmtp12024feedback>



# Like us on Facebook for a glimpse into your child's AMKP Journey!



**AMKP R3ice & Shine 20.3FM**

511 likes • 640 followers

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<https://for.edu.sg/amkpfb>

# Thank You

