



The National Flag, Singapore's most visible symbol of statehood, reflects the ideals, beliefs and values that we stand by as a nation amidst our rich and diverse make-up. It forms a crucial element of our national identity. As such, the National Flag is to be treated with dignity and honour.

The National Flag consists of two equal horizontal sections, red above white. A white crescent moon occupies the upper left red section. Next to the moon are five white stars arranged in a circle.

Each feature of the Flag bears a unique symbolic meaning. Red stands for universal brotherhood and equality of man. White symbolises pervading and everlasting purity and virtue. The crescent moon represents a young nation on the ascendant, and the five stars depict Singapore's ideals of democracy, peace, progress, justice and equality.

Our National Anthem Majulah Singapura Onward Singapore

Mari kita rakyat Singapura Sama-sama menuju bahagia Cita-cita kita yang mulia Berjaya Singapura

Marilah kita bersatu Dengan semangat yang baru Semua kita berseru Majulah Singapura Majulah Singapura Come, fellow Singaporeans Let us progress towards happiness together May our noble aspiration bring Singapore success

Come, let us unite In a new spirit Let our voices soar as one Onward Singapore Onward Singapore

Singapore Pledge

We, the citizens of Singapore, pledge ourselves as one united people, regardless of race, language or religion, to build a democratic society, based on justice and equality, so as to achieve happiness, prosperity and progress for our nation.

National Education (NE) Messages

1 Singapore is our homeland; this is where we belong. We treasure our heritage and take pride in shaping our own unique way of life.

2 We must preserve racial and religious harmony. We value our diversity and are determined to stay a united people.

3 We must uphold meritocracy and incorruptibility.

We provide opportunities for all, according to their ability and effort.

4 No one owes Singapore a living.

We find our own way to survive and prosper, turning challenge into opportunity.

5 We must ourselves defend Singapore. We are proud to defend Singapore ourselves; no one else is responsible for our security and well-being.

6 We have confidence in our future.

United, determined and well-prepared, we have what it takes to build a bright future for ourselves, and to progress together as one nation.

Contents

About Me2	
Our School4	
Our School Song6	
Together, We Rise and Shine7	
Our School Rules8	
School Assessment Policy15	
School Contact Details17	
Information for Parents and Guardians18	
School Safety and Security20	
Responsible Use of ICT Equipment & Cyber Wellness22	
Login Details23	
How to Study Smart25	
How to Manage Your Emotions26	
Strategies to Feel Better	
NAPFA Standards for Boys	
NAPFA Standards for Girls	
Learning Dispositions for Lower Primary AMKPians	
Learning Dispositions for Middle Primary AMKPians	
Performance Benchmarks	
Target Setting: My Goals for 2025	
Diary 2025	
Notes	4
Keep in Touch	9



Name:	Class:
Home address:	
Sibling(s) In The Sch	ool
Name:	Class:
Name:	Class:
After-School Care Arran	gements
Attending NASCANS Student Care Centre	8876 1576
 Attending Allkin Student Academy Blk 230 AMK Ave 3 #01-1258 	6452 1962
 Attending Child at Street 11 Blk 102 AMK Ave 3, #01-1429 	6455 3681
Attending another student care centre (Please	specify):
 Other After-School Care Arrangement. I will be Parent(s) 	e fetched by:
 Farent(s) Grandparent(s) 	
 Other family members 	
Domestic Helper	

About Me

My Teachers

Name	Name
Form Teacher	Form Teacher
English Teacher	Maths Teacher
Science Teacher	Mother Tongue Language Teacher (Group)
Social Studies Teacher	Physical Education Teacher
Art Teacher	Music Teacher

In Case of Emergency

Please contact		
He/She is my		
Tel:	_ (home/office)	_ (mobile)
or		
	_ (home/office)	
My blood group is		
My medical conditions (if any)		



VISION

Every Child, a Confident Person, a Joyful Learner and a Caring Citizen

MISSION

To Care, To Guide, To Inspire

R³IC²E VALUES

Resilience, Respect, Responsibility, Integrity, Care, Courage, Excellence

DESIRED OUTCOMES OF AMKPIANS

With the aim to nurture every child to be a confident AMKPian, we believe that he or she must be able to:

Confident Person	 Distinguish right from wrong Know his/her strengths and areas for growth Have healthy habits and an awareness of the arts Think for and express himself/herself confidently Show perseverance and know what to do in challenging situations
Joyful Learner	 Ask questions to find out more Show an interest in learning new things and think up new ideas Learn with and from others Use feedback and learn from mistakes to improve his/her learning Know where one is in his/her learning and what his/her next steps are
Caring Citizen	 Respect ideas and perspectives shared by peers Work well with others Take initiative to help others Make a positive change in our community Know and love Singapore

Our School



SCHOOL LOGO DESCRIPTIONS

Yellow represents Vitality & Talents

Blue represents Loyalty & Honour

Green represents Harmony & Equality

Red represents Confidence & Perseverance

This design takes the concept of a flaming desire to aspire and achieve.

The three twirls represent the cognitive, physical, and moral development of our pupils.

The upward movement of the twirls signifies the aspiration to aspire and all-round education represented by the sphere.

The circular band symbolises the collaborative efforts between the school and the community to inspire our pupils in their pursuit of excellence.

Collectively, these culminate in an individual who is able to contribute to society and meet the challenges of an ever-changing world.







Together, We Rise and Shine

MKPIANS PROMISE

WE, THE AMKPIANS, PROMISE TO UPHOLD OUR R³IC²E VALUES

RESILIENCE

We will be grateful for what we have and face challenges with perseverance and positivity.

RESPECT

We will appreciate diversity and be mindful and considerate in our speech and actions.

RESPONSIBILITY



We will take ownership of our words and actions.

INTEGRITY

We will do what is right even when no one is watching.



CARE We will be kind and helpful to others, our environment and our community.

COURAGE

We will embrace a 'dare-to-try' attitude when we face



EXCELLENCE



We will give our best and pursue growth with confidence and celebrate successes with humility.

Our School Rules

1. Respect for Singapore and the School

- Pupils who are Singapore citizens must sing the National Anthem and take the Pledge. Pupils will take the Pledge with the right fist placed over the heart.
- Non-Singapore citizens must stand at attention during flag-raising ceremony.
- Pupils are to sing the school song respectfully.
- Pupils are expected to uphold the reputation of the school at all times. When pupils are dressed in their school attire, they represent the school and must be well-behaved, both in and outside of the school.

2. Attendance and Punctuality

- Attendance is compulsory. All pupils are to be in school by 7.30 a.m. for the flag-raising ceremony.
- Pupils must attend school regularly so that they can benefit fully from the school's programmes and activities. Parents are to note the start and end dates of each term in the academic year and refrain from taking children out of school for vacation during term time as it will disrupt the pupils' learning.
- A pupil's attendance and punctuality are recorded and monitored closely by the school.
- If a pupil is unwell, he/she should see a doctor and obtain a medical certificate to validate his/her absence from school. The school will only accept medical certificates from general practitioners, the polyclinics and other medical institutions (doctors must be registered with the Singapore Medical Council).
- All documents/letters to validate a pupil's absence from school must be submitted to the Form Teacher upon the pupil's return to school. The school will only accept up to 5 parent's/guardian's letters each semester.
- Failure to notify or validate absence upon return to school will be treated as truancy and appropriate consequences will be meted out.



Our School Rules

3. School Attire and Appearance

- Pupils are to wear the prescribed school uniform and modification to the uniform is not allowed.
- Pupils wearing the PE attire are to ensure that their PE shirt is tucked in at all times.
- All PE and uniform shirts should have name tags either ironed on or sewn onto them.
- Pupils must wear black canvas/nylon/PVC shoes and if the shoes have laces, they must also be black.
- School socks or plain white socks must be worn such that 5cm of the socks can be seen.
- Pupils may change into sports shoes during CCA.
- Fingernails should be short and clean.
- Nail polish is strictly not allowed.
- No jewellery or fanciful accessory is allowed.
- Pupils must be neat in appearance, clean-shaven and no facial hair is allowed.
- No make-up is allowed.
- For Male Pupils:
 - Hair should not touch the shirt collar, cover the ears or eyebrow.
 - Hair should not be dyed, tinted, or highlighted.
 - Sideburns should be short and thinned.
 - Hair style should not be fanciful.
- For Female Pupils:
 - Shoulder-length/long hair must be neatly tied up with black ribbons/ hair bands.
 - Only black hair clips/accessories and head bands are allowed.
 - Fringes must be trimmed and kept above the eyebrows. If fringes are kept long, they must be clipped up and should not cover the face.
 - Hair should not be dyed, tinted, or highlighted.
 - Only one small ear stud or ear stick is allowed on each earlobe.
 - P4 to P6 pupils must be in skorts daily except during PE lessons when PE shorts are to be worn.



School Attive and Appearance

SCHOOL UNIFORM Please affix the name tag on the uniform pocket, directly above the school logo as shown in the pictures.

> Correct place ~ to affix the name tag

Appropriate Hairstyles

Girl - Short Hair









School Attive and Appearance

PE T-Shirt Please affix the name tag on the PE T-shirt, directly above the school logo as shown in the pictures.

> Correct place to affix the name tag

Appropriate Hairstyles

Boy - Side View





Boy - Back View



Our School Rules

4. Conduct

- Pupils must complete all homework and assignments on time.
- Pupils are expected to treat others (staff, visitors, schoolmates) with respect.
- Pupils must not intimidate or hurt others physically or emotionally.
- Bullying, including cyber-bullying, is a major offence and will not be tolerated.
- Pupils are not allowed to leave the school premises without permission.

5. Use of Electronic Devices in School

- Pupils are discouraged from bringing mobile phones and electronic devices to school. For urgent matters, parents and pupils can contact one another through the school's contact number at 6452 0794.
- If pupils need to bring these devices to school, they must switch off their devices as the use of such devices is not allowed during school hours including recess, CCA and after-school programmes. Playing of games on mobile devices is also not allowed.
- Pupils who bring their device are to switch them off before the start of school. They are to leave the device in their school bag during school hours. Please note that pupils should bear the responsibility for the safekeeping of their device(s).
- In the event of misuse/abuse of the mobile devices, the school will safekeep the devices for the purpose of investigation. The devices will only be returned to the parents after the investigation.

6. Items Not to be Brought to School

- All pupils are not allowed to have in their possession any weapon. They are also not allowed to bring any weapon-like item which can be used or intended to be used to cause harm to others.
- All pupils are not allowed to bring the following items to school:
 - Sharp-pointed/sharped-edged tools (e.g. scissors). Safety scissors will be provided for use when necessary.
 - Game cards or trading cards
 - Chewing gum or bubble gum



7. Offences and Consequences

- When a pupil has committed an offence,
 - parents/guardians will be informed of the offence committed.
 - parents/guardians will work with the school to ensure that their child/ward adheres to the school rules.
- Consequences (refer to the table below) will be meted out according to the nature of the offence.
- The Conduct Grade of the pupil will be affected if he/she commits a major/serious offence.

Classification	Offences	Consequences
Minor Offences	Attendance-related offences • Late-coming • Skipping Classes	 Punctuality Intervention Plan (Parental Involvement) Loss of Recess Play
	 <u>Academic-related offences</u> Not doing homework or assignments 	 Homework Intervention Plan (Parental Involvement) Loss of Recess Play. Time will be used to complete homework.
	<u>Misconduct</u> • Disruptive behaviour • Failure to follow instructions	Time outLoss of Recess Play
	Grooming-related offences Improper attire or grooming 	 Grooming Intervention Plan (Parental Involvement) Loss of Recess Play
Major Offences	Wilful repetition of minor offences (Reflecting poor attitude and defiance)	In-house suspension*Parental involvementWarning letter
	Leaving school grounds without permission Truancy	 In-house suspension* Attendance Intervention Plan (Parental Involvement) Warning letter

Our School Rules

Classification	Offences	Consequences	
Major Offences	Misuse/Abuse of mobile devices	 Safekeeping of mobile device** Suspension of mobile device privilege Warning letter 	
	Cheating in exams / forgery	 In-house suspension* Pupil may be awarded a ZERO for the paper Warning letter 	
	 <u>Misconduct</u> Use of abusive or vulgar language Open defiance and/or rudeness Bullying (including cyber-bullying) 	 In-house suspension* Verbal/written apology Written warning Caning 	
	Theft / Vandalism	 In-house suspension* Verbal/written apology Written warning Caning Restitution for stolen/damaged items 	
Serious Offences	Assault / Fighting	 In-house suspension* Verbal/written apology Written warning Caning 	
	 Gambling Gangsterism Extortion Possession of Dangerous Objects / Weapons Arson Pornography Substance abuse/ possession (drugs/inhalants/alcohol) Smoking/ Vaping Other serious offences 	 In-house suspension* Written warning Caning Daily check-in Involvement of external agencies where required 	

* Number of days for in-house suspension will depend on the severity of the offence.

** Parents will need to collect the mobile device from the General Office after the investigation is completed. Prior arrangements must be made with the teacher before the collection.

While the above consequences serve as a guide, the Principal reserves the sole right to mete out the punishment and consequences he/she deems fit, according to the severity of the offence.



School Assessment Policy

The school uses a learner-centred and balanced assessment system to support quality teaching and learning, build intrinsic motivation in our children to learn, and develop in them the capacity to learn for life. This balanced assessment system uses both formative and summative practices at different stages of learning throughout the year for the various levels.

Updates on the school's assessment plan and schedule will be sent to parents semesterly for the middle and upper primary block and yearly for the lower primary block.

1. Absence during Weighted Assessments (WA)/Examinations

- When pupils are unable to take the paper on the day of the WA/ examinations, parents/guardians must contact the school via the General Office or their Form Teacher before the start of the paper.
- Pupils who are unable to take their WA/examinations must produce medical certificates or official supporting document(s). They must submit the medical certificate/official supporting document(s) to their Form Teacher immediately upon their return to school.
- Medical certificates from Traditional Chinese Medicine practitioners and letters of excuse from parent/guardian will not be accepted for absence from WA/examinations.
- Pupils who are absent for any component or paper of WA/examinations without a medical certificate/official supporting documents will not be awarded any mark for that component/paper.
- Pupils who are unwell and/or suffering from any infectious diseases (e.g. chicken pox, HFMD) are not allowed to take WA/examinations.
- Apart from oral examinations, there will not be any make-up WA/ examinations for papers missed by pupils. In place of a score, pupils will be given an 'MC' or 'VR' for the papers missed upon providing a medical certificate/official supporting document(s). In such cases, component(s)/paper(s) missed will not be used for the computation of the overall results. The school will only consider pupils for schoolbased academic awards if they meet the internal assessment criteria.



School Assessment Policy

2 Punctuality

Pupils must be punctual for all the WA/examinations. A pupil who is late for the WA/examinations will not be given extra time. This practice is to instil in our pupils a sense of personal responsibility and that punctuality is important.

3. WA/Examinations Rules

Pupils are considered to have cheated in WA/examinations or breached WA/examination rules if they:

- Copy from another pupil and/or allow another pupil to copy.
- Possess and/or use unauthorised reading and/or writing materials, mobile phones, smart watches or any other electronic devices capable of storing and displaying visual and verbal information.
- Attempt to obtain unfair assistance from others via smart watches, mobile phones, or passing of notes and/or making gestures.
- Continue to write when the invigilator has announced the end time of the paper and that all pupils should stop writing.

Any pupil who has breached WA/examinations rules or attempted to cheat or caught cheating during WA/examinations may be given a ZERO for that paper.

School Contact Details

General Office Website Email Facebook

6452 0794 www.angmokiopri.moe.edu.sg amkps@moe.edu.sg AMKP R3ice & Shine 20.3FM

Other Services

SCHOOL UNIFORM SUPPLIER Address	BEAU VOIX UNIFORM 2 Sims Close #03-08 Gemini@Sims Singapore 387298
Contact no. Online Purchase	6743 6645 www.beauvoix.com.sg
SCHOOL BOOKSHOP OPERATOR	THE CONTINENTAL BOOK CENTRE
Email Contact no. Name tag order Website	info@the-continental.com.sg 8078 1099 / 6247 8482 https://thecontinental.sg/products/ang- mo-kio-primary-school-uniform-name-tags https://thecontinental.sg/
SCHOOL BUS OPERATOR	JANAMOS TRANSPORT SERVICE
Contact Person Contact no.	Mr Amos Wong 9169 3336
DENTAL MATTERS	HEALTH PROMOTION BOARD
Contact no. Operating Hours* Lunch Time	8764 5842 Monday to Friday, 8.00 a.m 5.00 p.m. 1.00 p.m 2.00 p.m.

* Subject to changes. Please check the opening hours outside the Dental Clinic or with the General Office.

1. Contacting the Teacher

If you need to communicate with your child's/ward's teacher, you may

- call the General Office and leave a message; or
- write a note to the teacher in your child's/ward's pupil handbook and get him/her to show it to the teacher. You may also email the teacher. The teachers' email addresses can be found on the school website.

2. Parents'/Guardians' Contact Details

In an emergency, the school will contact parents/guardians. Therefore, it is important that you provide the school with your updated contact numbers. Please inform your child's/ward's Form Teacher immediately whenever there is a change in your contact number(s) and/or home address.

3. Arriving in School Late

- If your child/ward arrives in school late, he/she needs to report to the General Office to obtain a Late Slip before going to the classroom for lessons.
- The number of days your child/ward comes late will be reflected in his/her report book (Holistic Development Profile) and this will impact your child/ward's conduct grade.

4. Leaving School Early

- If your child/ward falls ill in school, the school will contact you to bring him/her home from the General Office.
- If your child/ward has to leave the school before dismissal time, the parent/guardian needs to sign out at the General Office before the child/ ward may be taken out.
- Pupils can only be taken out of the school by a parent or a guardian. To ensure the safety of our pupils, they cannot be taken out of the school by a minor.

	School Operating Hours (Mondays To Fridays)					
	P1	P2	P3	P4	P5	P6
	8.45 a.m.	9.15 a.m.	9.45 a.m.	10.15 a.m.	10.45 a.m.	11.15 a.m.
Recess*	to	to	to	to	to	to
	9.15 a.m.	9.45 a.m.	10.15 a.m.	10.45 a.m.	11.15 a.m.	11.45 a.m.
Dismissal			P1 to P4	1.30 p.m.		
Time			P5 & P6	1.35 p.m.		

5. Recess and Dismissal Timings

* In addition to recess, pupils will have a 10-minute snack break.

6. Insurance Coverage

Your child/ward will be covered for accidents under the school-purchased insurance policy. Insurance coverage applies to accidents that happen within the school premises and during school-related activities outside the school. Please call the school for more information when the need arises.



Information for Parents and Guardians

7. Monthly School Fees

- Pupils who are Singapore citizens may apply to use their Edusave Account for the payment of the second-tier miscellaneous fees.
- In case of unsuccessful withdrawal due to insufficient funds in the Edusave Accounts, pupils will be required to pay cash or personal cheque. To check the balance in the pupils' Edusave Accounts, please call 6260 0777.
- Parents are strongly encouraged to pay their child's/ward's fees through GIRO so that the child/ward need not bring large amounts of cash to school each month. The amount deducted for the fees will be reflected in the account-holder's bank passbook/statement.
- Deductions are made on the 26th of each month from February to December. If the 26th of the month falls on a Saturday, Sunday or Public Holiday, deductions will be made on the next working day. You are advised to maintain sufficient funds for deduction. If a deduction fails twice due to insufficient funds, GIRO will be suspended until the outstanding amount is settled by cash or cheque.

8. Communication Procedure including for Emergency

The school will activate the communication process as follows:

- (i) Parents Gateway will be the main mode of communication. Please ensure that you are on board.
- (ii) Where applicable, mass SMS may be activated.
- (iii) In order for the school to effectively and efficiently disseminate emergency information to all parents and guardians, please update Form Teachers immediately when you change your mobile number(s).

9. Guidelines on Photography/Videography

Photograph(s) or video image(s) of your child/ward and you may be captured during school activities and events. The school may use and publish such photographs and/or videos in MOE and school publications, website, social media channels, and other communication channels. Please inform the school in writing should you wish to opt out from this.

School Safety and Security

1. School Security

All visitors (including parents and/or guardians) to the school are expected:

- to get a visitor's pass from the Security Post before entering the school premises.
- to drop off and/or pick up their children outside the school gates (except on rainy days).
- to make an appointment before coming to see the teacher.

These are the opening hours of the school gates:

School Gate	Opening Hours (Mondays to Fridays)	Remarks
Gate A (Gate @ Bus Stop)	6.50 a.m. – 7.30 a.m. 1.30 p.m. – 2.00 p.m.	On rainy days, pupils are to enter/leave the school via Gate A as Gate C will be closed.
Gate B (Main Gate for vehicles)	6.30 a.m. – 6.30 p.m.	For the safety of our pupils, parents/ guardians will not be allowed to drive into the school except on rainy days. Parents/Guardians are advised to send their children to school after 6.50 a.m.
Gate C (near main gate)	6.50 a.m. – 7.30 a.m. 1.30 p.m. – 2.00 p.m.	On rainy days, Gate C will be closed. Pupils are to enter/leave the school via Gate A.
Gate F (Back Gate @HDB Carpark)	1.30 p.m. – 2.00 p.m.	-

Actions that can endanger our pupils and other road users



Parking within 9 metres of a bus stop



Dropping off at the traffic light junction



Waiting/Parking along a prohibited zone for a prolonged period of time



School Safety and Security

2. School Carpark

• Visitors/Parents who require parking are kindly requested to use the HDB carparks (Blocks 101, 108, 228B, 229) near the school.

3. Road Safety

Pupils should:

- make use of the pedestrian crossings at all times.
- use the paths/walkways for pedestrians whenever possible.
- be alert and careful when crossing the road.
- cross the road briskly and continue to look out for any oncoming traffic.
- wait for the vehicles to come to a total stop at the pedestrian crossings before they cross the road.
- raise their right hand to signal to the drivers that they are crossing the road.

4. General Safety

- The school will conduct evacuation drills twice a year.
- To avoid potential food allergy reactions, the school will not accept goodie bags and food for birthday celebrations.
- All pupils should place safety as their top priority and not engage in any dangerous act. Pupils should walk quietly and not run recklessly in the school compound.
- The Health Promotion Board has advised that pupils should only be carrying a weight of between 10% and 15% of their body weight. In practice, this would generally mean no more than 3.5 kg for the pupils.

Approaches to lighten your child's/ward's school bag

- a) Buy a school bag that is made of lightweight material with cushioned and adjustable straps. Trolley bags with wheels are strictly not allowed.
- b) Encourage your child/ward to use pencil cases and other stationery items that are made of durable but light-weight materials.
- c) Supervise your child/ward when he/she packs his/her school bag each day.
- d) Discourage your child/ward from bringing unnecessary items to school, such as cards, toys, metal rulers, large umbrellas, or oversized water bottles.



Besponsible Use of ICT Equipment & Cyber Wellness

This policy is intended to prescribe the appropriate behaviour which pupils should display when using ICT resources. ICT resources here refers to any type of computing devices, software, online resources, email or social media accounts and the internet, owned by Ang Mo Kio Primary School or brought in for use by pupils.

1. General Policy

- Pupils shall only use the ICT resources according to the purpose for which they are provided for, such as administrative, teaching and learning activities.
- Pupils shall use only software that has valid licences provided by the school.
- Pupils shall report any violations of laws and/or school rules pertaining to the use of ICT resources to their teachers.

2. Account User IDs and Passwords

- Pupils shall be responsible and accountable for all activities conducted via his/her account.
- Pupils shall not reveal their login User IDs and passwords for any systems.
- Pupils should change the issued password at the first log in.

3. Online Usage

- Pupils shall be respectful to staff and peers when using online platforms.
- Pupils shall be mindful of the need to protect their own privacy as well as the rights to privacy of other ICT users.
- Pupils shall avoid websites that contain questionable content or websites of disreputable origin.
- Pupils shall not download, distribute or share any content on the internet that is objectionable or illegal under Singapore Laws or misuse the good name of the school.
- Pupils shall adhere to the minimum age requirements for the use of the various social media platforms. For example, the minimum age for the use of Facebook is 13 years old.
- Pupils shall not transmit defamatory, threatening or hurtful messages.
- Pupils shall not incite or participate in any activities related to cyberbullying. These actions include spreading rumours about another pupil online, and posting pictures of another pupil in compromising situations on social media.
- Pupils shall not forge the identity or impersonate another person.
- Pupils shall not knowingly transmit by email any malicious content (e.g. computer viruses) or any other content or material that may otherwise violate the school rules and Singapore laws.



	Login Details
P	Website: Username: Password:
Website:	
Username:	
Password: _	
	Website: Username: Password:
Website:	
Username:	
Password: _	
	Website:
	23

Login Details

Website:	
Username:	
Password:	

٦ _	Website:	
	Username:	
$\overline{ \cdots}$	Password: _	

Website:	6
Username:	
Password:	

$\left[\begin{array}{c} c \end{array} \right]$	Website:	
G	Username: _	
4	Password: _	

Website:		
Username:		
Password:		000
Remember! Ye password are COR	our username and Ifidential. Keep the	em safe!
		J 4

How to Study Smart

1	Schedule your time Take some time to plan your revision timetable properly.
2	Find a calm and relaxing place to study The place you choose should be quiet enough for you to concentrate and have enough space for your books and pens.
3	Take regular breaks Take short breaks regularly so that your brain – your best ally in any exam – has enough time to rest!
4	Eat well A balanced diet is important for your body to be in an ideal state for you to concentrate on your studies.
5	Set your goals Goals should constantly be reviewed as you progress in your studies or if you find that topics become increasingly challenging.

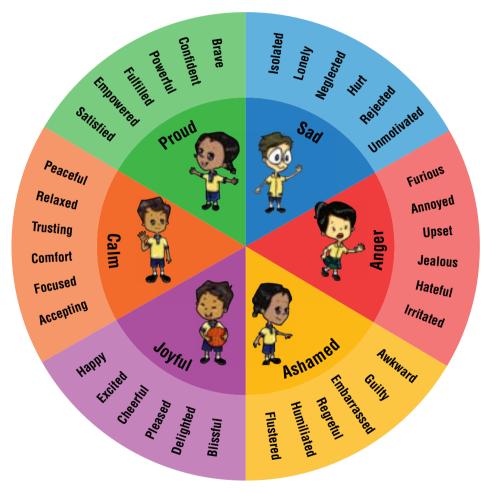
Source: HealthHub, https://www.healthhub.sg/live-healthy/237/how_to_study_smart

Counselling Helplines

Name of Organization	Contact Number
Institute of Mental Health Crisis Helpline	6389 2222
National Family Service Centre	1800 838 0100
Samaritans of Singapore	1800 221 4444
Singapore Anti-Narcotics Association	6732 1122 9847 5102
National Anti-Violence Helpline	1 800 777 0000
Tinkle Friend	1800 274 4788

How to Manage Your Emotions

Feelings can be strong and intense. Sometimes it is hard for you to describe how you feel. The 'Feelings Wheel' below allows you to identify your emotions accurately so you can get the support you need. When you are more aware of how you feel, you will be able to manage your emotions better.



Based on Nonviolent Communication by Marshall Rosenberg, Ph.D. Graphics and organisation of feelings and needs wheels adapted from Bret Stein.



Strategies to Feel Better

Self-Care

- Take a warm bath
- Read your favourite book or a comic
- Prepare a simple meal or snack with an adult
- Watch your favourite cartoons

Healthy Hobbies

- Colour in a colouring book or draw your own pictures
- Listen to your favourite songs
- Try a fun craft project like making origami or friendship bracelets

Exercise

- Go for a walk or cycle
- Take a hike in a nearby park with your family
- Join a sports team or play your favourite sport
- Play hopscotch or skip with a rope

Relaxation

- Spend time with your pet if you have one
- Practise deep breathing exercises: breath in for 4 counts, hold for 4 counts, and breathe out for 4 counts
- Squeeze a stress ball
- Write or draw in a journal about your day
- Visit a library and read quietly

NAPFA Standards for Boys

Age group	Perfor- mance Band	Grade	Points	No. of Sit- ups in 1 min	Stand- ing Broad Jump	Sit & Reach Dis- tance	No. of Inclined Pull-ups in 30 sec	4 X 10m Shuttle Run Time	1.6 km Run- Walk time (min : sec)
	Outstanding	А	5	>35	>165cm	>33cm	>21	<11.3sec	<9:40
9	Very Good	В	4	30-35	159168	30-33	18-21	11.3-11.8	9:40-10:40
years	Good	С	3	25-29	149-158	26-29	13-17	11.9-12.2	40:41-11:40
of age	Good	D	2	20-24	139-148	21-25	9-12	12.3-12.7	11:41-12.40
	Satisfactory	Е	1	15-19	130-138	16-20	3-8	12.8-13.1	12:41-13:50
	Outstanding	А	5	>36	>174cm	>35cm	>22	<11.1sec	<9:30
10	Very Good	В	4	31-36	165-174	32-35	19-22	11.1-11.6	9:30-10:30
years	Good	С	3	26-30	156-164	28-31	14-18	11.7-12.0	10:31-11:40
of age	Good	D	2	21-25	146-155	23-27	9-13	12.1-12.4	11:41-12:40
	Satisfactory	Е	1	17-20	137-145	18-22	3-8	12.5-12.9	12:41-13:40
	Outstanding	А	5	>39	>188cm	>37cm	>23	<10.7sec	<8:50
11	Very Good	В	4	34-39	177-188	34-37	20-23	10.7-11.2	8:50-10:00
years	Good	С	3	30-33	166-176	30-33	15-19	11.3-11.6	10:01-11:10
of age	Good	D	2	25-29	155-165	25-29	10-14	11.7-12.0	11:11-12:20
	Satisfactory	E	1	20-24	144-154	20-24	4-9	12.1-12.5	12:21-13:30
	Outstanding	А	5	>41	>202cm	>39cm	>24	<10.4sec	<8:40
	Very Good	В	4	36-41	189-202	36-39	21-24	10.4-10.9	8:40-9:40
12 years	Good	С	3	32-35	176-188	32-35	16-20	11.0-11.3	9:41-10:40
of age	Good	D	2	27-31	163-175	28-31	11-15	11.4-11.7	10:41-11:40
	Satisfactory	E	1	22-26	150-162	23-27	5-10	11.8-12.2	11:41-12:30
	Outstanding	А	5	>42	>214cm	>41cm	>25	<10.3sec	<8:10
13	Very Good	В	4	38-42	202-214	38-41	22-25	10.3-10.7	8:10-9:10
years	Good	С	3	34-37	189-201	34-37	17-21	10.8-11.1	9:11-10:10
of age	Good	D	2	29-33	176-188	30-33	12-16	11.2-11.5	10:11-11:00
	Satisfactory	Е	1	25-28	164-175	25-29	7-11	11.6-11.9	11:01-12:00

*1.6 km Rrun-Walk time (All pupils between 9 and 13 years old)

Award Requirements					
Awards	Minimum Scores				
Gold	C grade in all 6 stations with a minimum of 21 points				
Silver	D grade in all 6 stations with a minimum of 15 points				
Bronze	E grade in all 6 stations with a minimum of 6 points				



NAPFA Standards for Girls

Age group	Perfor- mance Band	Grade	Points	No. of Sit- ups in 1 min	Stand- ing Broad Jump	Sit & Reach Dis- tance	No. of Inclined Pull-ups in 30 sec	4 X 10m Shuttle Run Time	1.6 km Run- Walk time (min : sec)
	Outstanding	А	5	>26	>158cm	>33cm	>14	<11.8sec	<10:40
9	Very Good	В	4	22-26	148-158	31-33	12-14	11.8-12.3	10:40-11:40
years	Good	С	3	18-21	139-147	28-30	9-11	12.4-12.8	11:41-12:50
of age	Good	D	2	14-17	129-138	24-27	6-8	12.9-13.3	12:51-13:50
	Satisfactory	E	1	10-13	119-128	19-23	2-5	13.4-13.8	13:51-15:00
	Outstanding	А	5	>27	>161cm	>35cm	>14	<11.7sec	<10:30
10	Very Good	В	4	23-27	152-161	33-35	12-14	11.7-12.2	10:30-11:25
years	Good	С	3	19-22	143-151	30-32	9-11	12.3-12.7	11:26-12:30
of age	Good	D	2	15-18	134-142	26-29	6-8	12.8-13.2	12:31-13:25
	Satisfactory	E	1	11-14	125-133	21-25	3-5	13.3-13.7	13:26-14:30
	Outstanding	А	5	>28	>164cm	>37cm	>15	<11.6sec	<10:20
	Very Good	В	4	24-28	156-164	35-37	13-15	11.6-12.1	10:20-11:10
11 years	Good	С	3	20-23	147-155	32-34	10-12	12.2-12.5	11:11-12:10
of age	Good	D	2	16-19	138-146	28-31	7-9	12.6-12.9	12:11-13:00
	Satisfactory	E	1	12-15	129-137	23-27	3-6	13.0-13.4	13:01-14:00
	Outstanding	А	5	>29	>167cm	>39cm	>15	<11.5sec	<10:10
	Very Good	В	4	25-29	159-167	37-39	13-15	11.5-11.9	10:10-11:00
12 years	Good	С	3	21-24	150-158	34-36	10-12	12.0-12.3	11:01-12:00
of age	Good	D	2	17-20	141-149	30-33	7-9	12.4-12.7	12:01-12:50
	Satisfactory	E	1	13-16	132-140	25-29	3-6	12.8-13.2	12:51-13:50
	Outstanding	А	5	>30	>170cm	>41cm	>16	<11.3sec	<10:00
	Very Good	В	4	26-30	162-170	39-41	13-16	11.3-11.7	10:00-10:50
13 years	Good	С	3	22-25	153-161	36-38	10-12	11.8-12.2	10:51-11:50
of age	Good	D	2	18-21	144-152	32-35	7-9	12.3-12.7	11:51-12:40
	Satisfactory	Е	1	14-17	135-143	27-31	3-6	12.8-13.2	12:41-13:40

*1.6 km Rrun-Walk time (All pupils between 9 and 13 years old)

Award Requirements					
Awards	Minimum Scores				
Gold	C grade in all 6 stations with a minimum of 21 points				
Silver	D grade in all 6 stations with a minimum of 15 points				
Bronze	E grade in all 6 stations with a minimum of 6 points				

Learning Dispositions

For Lower Primary AMKPians

Resilience

I stay focused to complete my work. I keep trying when faced with challenges. I know what to do when faced with challenges.



Collaboration

I listen to and respect ideas shared by others. I learn from others. I work well with others in a group setting.



Curiosity

I ask questions to find out more. I show an interest in learning new things. I think up new ideas.

Excellence

I put effort into completing my work. I take initiative to check my work. I use feedback to improve my learning.



Learning Dispositions

For Middle Primary AMKPians

Resilience

I stay focused to complete my work. I keep trying when faced with challenges. I know what to do when faced with challenges.



Collaboration

I listen to and respect ideas shared by others. I learn from and with others. I work well with others in a group setting. I contribute to group goals.



Curiosity

I ask questions to find out more. I show an interest in learning new things. I think up new ideas.



Excellence

I put effort into completing quality work. I take initiative to check my work. I use feedback to improve my learning. I assess my own learning.



Performance Benchmarks

For P1 - P2

(English, M	Levels of Attainment of Learning Outcomes for All Subjects (English, Mother Tongue Languages, Mathematics, Social Studies, Physical Education, Art, and Music)				
Level	Descriptor				
Beginning	Able to complete a task with extensive guidance				
Developing	Able to complete a task with moderate guidance				
Competent	Able to complete a task with little guidance				
Accomplished	Able to complete a task independently and accurately				

For P3 - P4

(Er	Grades for Core Subjects (English, Mother Tongue Languages, Mathematics & Science)					
Grade	Grade Mark Range Descriptor					
1	85 and above	Is very good at the subject				
2	70 – 84	Is good at the subject				
3	50 – 69	Has adequate grasp of the subject				
4	Below 50	Has not met the minimum requirements for the subject				

For P5 - P6

Achievement Levels (ALs) for Subjects Offered at Standard Level		Achiev C
Achievement Level (AL)	Mark Range	Founda Level
AL 1	≥ 90	
AL 2	85 – 89	A
AL 3	80 – 84	В
AL 4	75 – 79	С
AL 5	65 – 74	
AL 6	45 – 64	
AL 7	20 – 44	
AL 8	< 20	

Achievement Levels (ALs) for Subjects Offered at Foundation Level		
Foundation Level AL	Raw Mark Range	Equivalent Standard Level AL
А	75 – 100	AL 6
В	30 – 74	AL 7
С	< 30	AL 8

Performance Benchmarks

For P3 - P6

Grades for PAM Subjects (Physical Education, Art and Music) and Social Studies		
Grade	Descriptor	
A	Is very good at the subject	
В	Is good at the subject	
С	Has basic/minimal grasp of the subject	

For P5 - P6

Grades for Higher Mother Tongue		
Grade	Mark Range	
Distinction	≥ 80	
Merit	65 – 79	
Pass	50 – 64	
Ungraded	< 50	

AMKP Celebrates!

(Recognising AMKPians' Holistic Achievement in Education)

National Level	Cognitive	 Edusave Merit Bursary (EMB) Edusave Good Progress Award (GPA) Edusave Scholarship Primary School (ESPS)
	Character	• Edusave Character Award (ECHA)
	Leadership, Service & Achievement	• Edusave Award for Achievement, Good Leadership and Service (EAGLES)
School-based	Cognitive	 Outstanding Joyful Learner Award Outstanding Resilient Learner Award Outstanding Learning Dispositions Good Progress in Learning Dispositions
	Character	Good Character Award
	Leadership, Service & Achievement	 Outstanding Achievement in CCA Outstanding Achievement in Service and Leadership

Target Settings My Goals for 2023

1. Character Goals

(e.g. Demonstration of R³IC²E Values, Conduct, Attendance)

What do I want to do/improve	How can I achieve my goal(s)	My achievement(s) and reflection(s)

2. Academic Goals

How can I achieve my goal(s)	My achievement(s) and reflection(s)

3. Other Goals

(e.g. Leadership, Social, Community Service)

What do I want to do/improve	How can I achieve my goal(s)	My achievement(s) and reflection(s)

Caring and Responsible Cai Rui Dear friends, My name is Caring and Responsible Cai Rui. As a caring person, I take the initiative to show concern for others and always lend a helping hand to all who need it. Being responsible means I take ownership of my words and actions, and make sure that I complete my work punctually and properly. How can I be like Cai Rui?

Term I Planner

	wк	Mon	Tue	Wed	Thu	Fri	Sat	Sun
	0			1 Jan New Year's Day	2 Jan	3 Jan	4 Jan	5 Jan
	1	6 Jan	7 Jan	8 Jan	9 Jan	10 Jan	11 Jan	12 Jan
	2	13 Jan	14 Jan	15 Jan	16 Jan	17 Jan	18 Jan	19 Jan
	3	20 Jan	21 Jan	22 Jan	23 Jan	24 Jan	25 Jan	26 Jan
	4	27 Jan	28 Jan	29 Jan Chinese New Year	30 Jan Chinese New Year	31 Jan	1 Feb	2 Feb
	5	3 Feb	4 Feb	5 Feb	6 Feb	7 Feb	8 Feb	9 Feb
	6	10 Feb	11 Feb	12 Feb	13 Feb	14 Feb	15 Feb	16 Feb
	7	17 Feb	18 Feb	19 Feb	20 Feb	21 Feb	22 Feb	23 Feb
	8	24 Feb	25 Feb	26 Feb	27 Feb	28 Feb	1 Mar	2 Mar
	9	3 Mar	4 Mar	5 Mar	6 Mar	7 Mar	8 Mar	9 Mar
	10	10 Mar	11 Mar	12 Mar	13 Mar	14 Mar	15 Mar	16 Mar
•	lerm 1 Holiday	17 Mar	18 Mar	19 Mar	20 Mar	21 Mar	22 Mar	23 Mar
		er 1, Term 1:	S	chool Vacatio	on	Public F	lolidays	1

2 Jan (Thu)¹ to 14 Mar (Fri)

15 Mar (Sat) to 23 Mar (Sun)

New Year's Day : 1 Jan (Wed) Chinese New Year : 29 Jan (Wed) 30 Jan (Thu)

¹ Primary 1 and Kindergarten 1 will start school on Thursday, 2 January 2025. Primary 2 to 6 and Kindergarten 2 will start school on Friday, 3 January 2025.



	Term I, Week O	December 2024 - January 2025
\bigcirc	30 Monday	How are you feeling today? 🕖 😥 😭
T1 W0		
Ш		
Ш		
Ш	31 Tuesday	How are you feeling today? <u>(</u>) 😣 😭
Ш		
Ш		
	01 Wednesday	How are you feeling today? 🕖 😥 😭
Ш		
Ш		
		38

			Ш
02	Thursday	How are you feeling today? 🕐 😥 🚖	
			T1 W0
03	Friday	How are you feeling today? 问 😥 😭	
	Pupil's Reflections/Tea	cher's Comments	

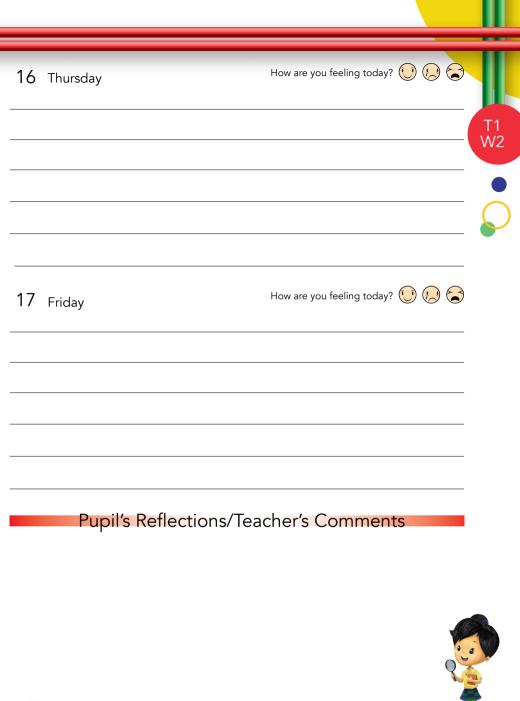
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	Term I, Week I	January 2025
0	06 Monday	How are you feeling today? 😲 😓 중
T1 W1		
	07 Tuesday	How are you feeling today? 🚺 😓 🗲
	08 Wednesday	How are you feeling today? 🚺 戻 😭
		40

09 Thursday	How are you feeling today? 🕑 😥 중
	T
	•
10 Friday	How are you feeling today? 😲 😥 😭
Pupil's Re	flections/Teacher's Comments
<u> </u>	41

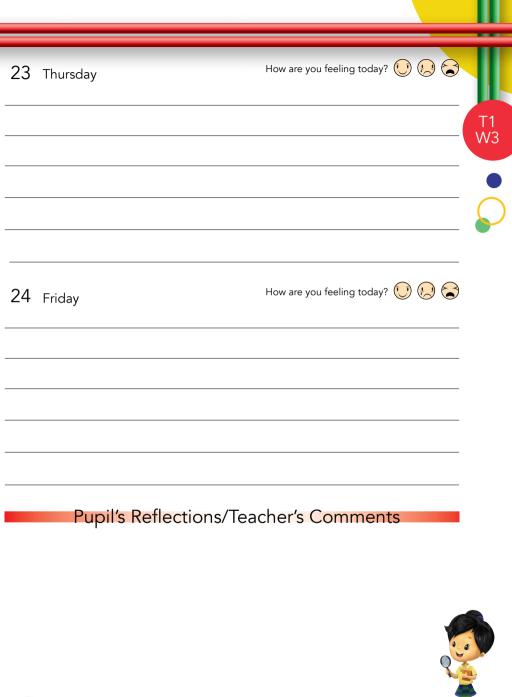
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	Term I, Week 3	January 2025
0	20 Monday	How are you feeling today? 🕖 😥 줒
T1 W3		
	21 Tuesday	How are you feeling today? 😲 😓 😭
	22 Wednesday	How are you feeling today? 🕖 😥 😭

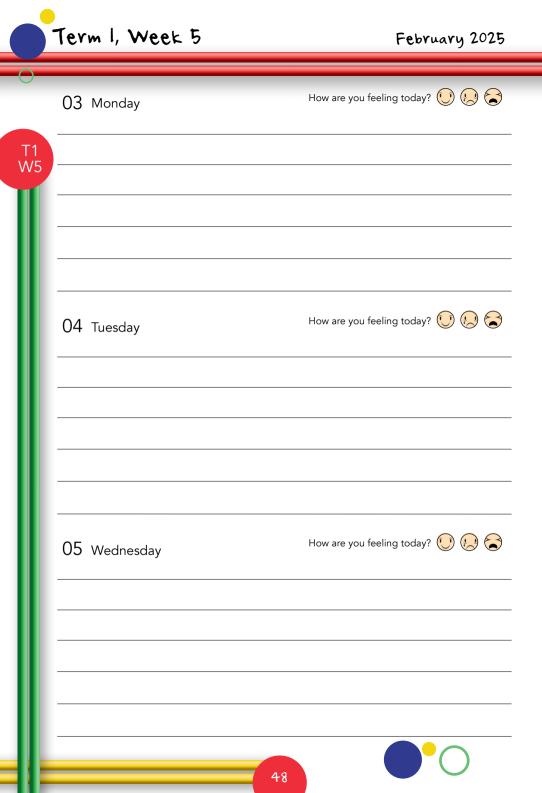




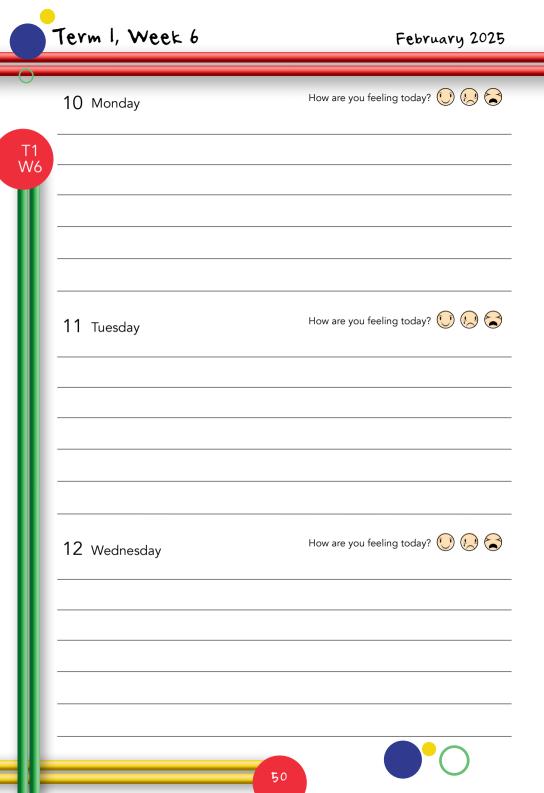
	Term I, Week 4	January 2025
0	27 Monday	How are you feeling today? 🕑 🔛 중
T1 W4		
	28 Tuesday	How are you feeling today? 인 😥 중
	29 Wednesday	How are you feeling today? 인 😥 중
		46

30 Thursday	How are you feeling today? 🕑 😓 🥃
	T1 W4
31 Friday	How are you feeling today? 🜔 😥 😭
Pupil's Reflections/Tea	acher's Comments
47	

I



06 Thursday		How are you feeling today? 😈 😓 🄇	3
			- T1 - W5
			_
07		How are you feeling today? 🜔 😥 (-
07 Friday			
Pup	oil's Reflections/Tead	cher's Comments	
•			×.
	49		





	Term I, Week 7	February 2025
0	17 Monday	How are you feeling today? <u>(</u>)
T1 W7		
	18 Tuesday	How are you feeling today? <u>(</u>)
	19 Wednesday	How are you feeling today? 🚺 😥 😭
		52

20 Thursday	How are you feeling today? 🕑 😥 🥃
	T1
21 Friday	How are you feeling today? 🜔 😓 중
Pupil's Reflections/Tea	acher's Comments





27 Thursday	How are you feeling today? 🚺 😓 🔂
28 Friday	How are you feeling today? 🜔 😓 😭
Pupil's Reflection	ons/Teacher's Comments

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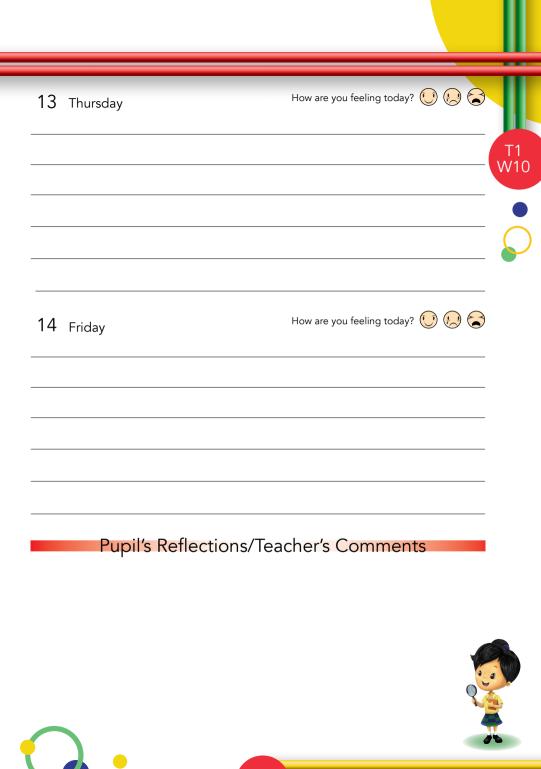
	Term I, Week 9	March 2025
Õ	03 Monday	How are you feeling today? 🜔 戻 중
T1 WS	9	
	04 Tuesday	How are you feeling today? 🕛 😓 😪
	05 Wednesday	How are you feeling today? 🜔 😓 중
		56

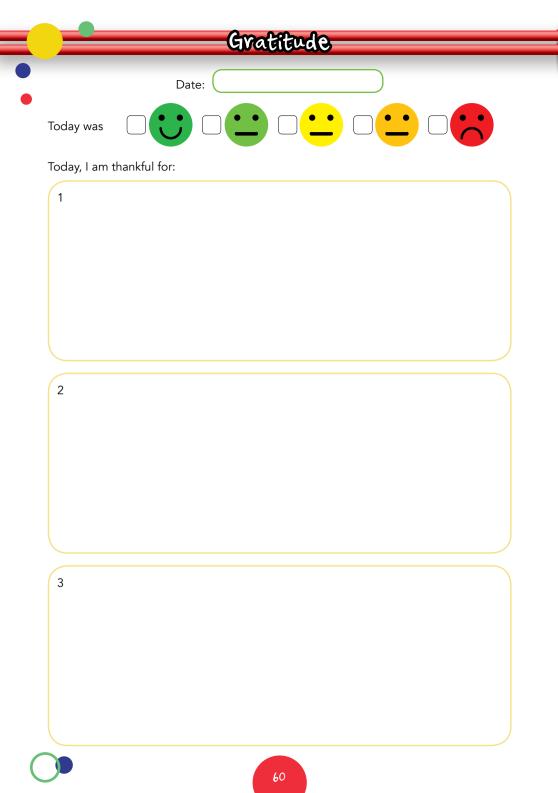
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06	Thursday	How are you feeling today? 🕐 😥 😭
		•
07	Friday	How are you feeling today? Ù 😓 중
	Pupil's Reflections/Te	acher's Comments
	57	

I

	Term I, Week 10	March 2025
0	10 Monday	How are you feeling today? 🕑 😓 😭
T1 W10		
	11 Tuesday	How are you feeling today? 🜔 😥 😭
	12 Wednesday	How are you feeling today? 🜔 😥 😭
		58

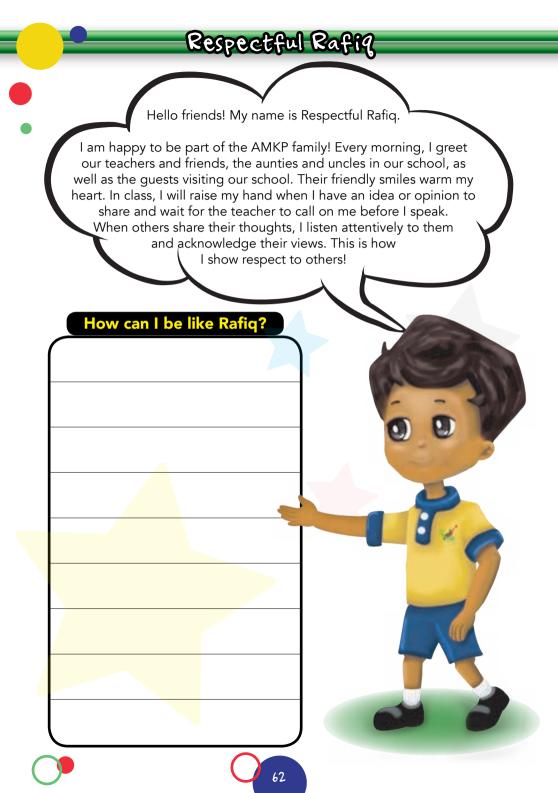




What made me smile today?

What was the best thing that happened today?

What am I looking forward to?



erm 2 Planner

wк	Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	24 Mar	25 Mar	26 Mar	27 Mar	28 Mar	29 Mar	30 Mar
2	31 Mar Hari Raya Puasa	1 Apr	2 Apr	3 Apr	4 Apr	5 Apr	6 Apr
3	7 Apr	8 Apr	9 Apr	10 Apr	11 Apr	12 Apr	13 Apr
4	14 Apr	15 Apr	16 Apr	17 Apr	18 Apr Good Friday	19 Apr	20 Apr
5	21 Apr	22 Apr	23 Apr	24 Apr	25 Apr	26 Apr	27 Apr
6	28 Apr	29 Apr	30 Apr	1 May Labour Day	2 May	3 May	4 May
7	5 May	6 May	7 May	8 May	9 May	10 May	11 May
8	12 May Vesak Day	13 May	14 May	15 May	16 May	17 May	18 May
9	19 May	20 May	21 May	22 May	23 May	24 May	25 May
10	26 May	27 May	28 May	29 May	30 May	31 May	1 Jun

Semester 1, Term 2

School Vacation

24 Mar (Mon) to 30 May (Fri)

31 May (Sat) to 29 Jun (Sun)

¹ Subject to further confirmation.

² Mon, 9 Jun will be a designated day off-in-lieu (DOIL). Schools will be closed, including the General Office, Student Care Centres and KCare Centres.

Public Holidays

Hari Raya Puasa : 31 Mar (Mon)¹ Good Friday : Labour Day Vesak Day Hari Raya Haji

18 Apr (Fri) 1 May (Thu) : 12 May (Mon) : 7 Jun (Sat)²



	Term 2, Week I	March 2025
0	24 Monday	How are you feeling today? 🜔 😥 😭
T2 W1	25 Tuesday	How are you feeling today? <u>(</u>)
	26 Wednesday	How are you feeling today? 😲 😓 😭
		64

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27 Thursday	How are you feeling today? <u>()</u> 😥 🥃
28 Friday	How are you feeling today? 😲 😓 😭 🖤
	>
Pupil's Reflections/Te	eacher's Comments

Т	erm 2, Week 2	March - April 2025
3	31 Monday	How are you feeling today? <u>(</u>) 😥 😭
T2 W2 ()1 Tuesday	How are you feeling today? 😲 没 😭
-		How are you feeling today? 인 😥 😭
-)2 Wednesday	
-	66	

-

03 Thursday	How are you feeling today? 🕐 😥 🚖
04 Friday	How are you feeling today? 🕑 😥 😭 🕎
Pupil's Reflections/Te	eacher's Comments
• 67	

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O7 Monday How are you feeling today? 🕐 😥 🤅	3
T2 W3 08 Tuesday How are you feeling today? 🕐 😥 🤅	
09 Wednesday	•

-

10 Thursday	How are you feeling today? 🜔 戻 🧲
11 Friday	How are you feeling today? 🕐 😓 중 🗮
	6
Pupil's Reflections/Te	acher's Comments
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	Term 2, Week 4	April 2025
0	14 Monday	How are you feeling today? <u>()</u> 😥 😭
T2		
T2 W4	15 Tuesday	How are you feeling today? <u>(</u>)
	16 Wednesday	How are you feeling today? 问 😓 😭
		70

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_		
17	Thursday	How are you feeling today? 🕐 😥 중
18	Friday	How are you feeling today? 🕐 🚱 중
		>
	Pupil's Reflections/Te	eacher's Comments
	ſ	
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	Term 2, Week 5	April 2025
0	21 Monday	How are you feeling today? <u></u>
T2 W5	22 Tuesday	How are you feeling today? 🕖 😥 😭
	23 Wednesday	How are you feeling today? 问 😥 😭
1		72

24 Thursday	How are you feeling today? <u>()</u> 😥 🥃
25 Friday	How are you feeling today? 🕐 🚷 😭 🕇
Pupil's Reflections/Tea	cher's Comments

	Term 2, Week 6	April - May 2025
0	28 Monday	How are you feeling today? 🚺 😣 중
Τ2		
T2 W6	29 Tuesday	How are you feeling today? 🜔 😡 😭
	30 Wednesday	How are you feeling today? 🜔 😥 😭
	74	

01 Thursday	How are you feeling today? 🕐 🚱 😭
02 Friday	How are you feeling today? 🕐 🚱 🛜 🔫
	6
Pupil's Reflections/T	eacher's Comments

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•	Term 2, Week 7	M ay 2025
0	05 Monday	How are you feeling today? 인 😓 중
TO		
T2 W7	06 Tuesday	How are you feeling today? <u>(</u>) 戻 😭
	07 Wednesday	How are you feeling today? 🕖 😥 🏹
	76	

08 т	Thursday	How are you feeling today? 🕐 😓 🗲
09 F	Friday	How are you feeling today? 🕐 😓 😭 🗸
	Pupil's Reflections/Tea	cher's Comments
\frown		

	Term 2, Week 8	M ay 2025
0	12 Monday	How are you feeling today? 😲 没 😭
T2 W8	13 Tuesday	How are you feeling today? 🕖 😓 😭
	14 Wednesday	How are you feeling today? 🕖 😥 😭
		78

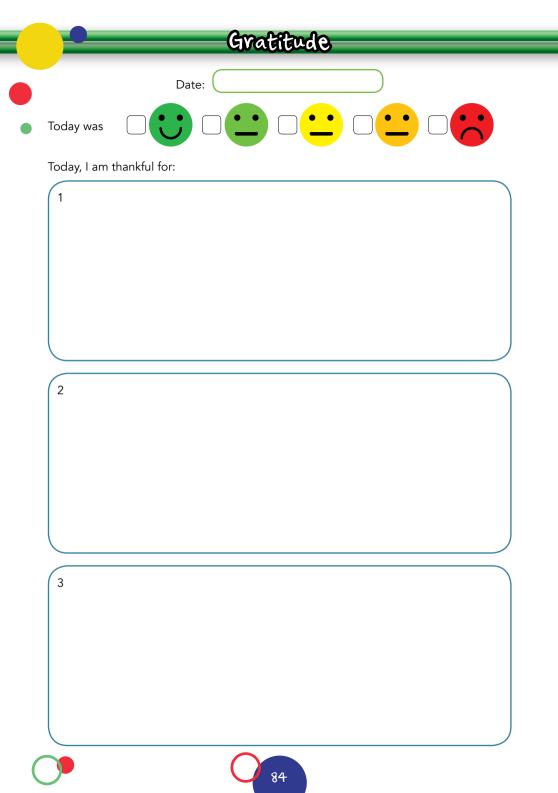
15 Thursday	How are you feeling today? 🕐 😓 🗲
16 Friday	How are you feeling today? 🕐 😥 😪 🛛
Pupil's Reflections/Tea	acher's Comments

0	Term 2, Week 9	M ay 2025
0	19 Monday	How are you feeling today? Ù 😥 😭
TO		
T2 W9	20 Tuesday	How are you feeling today? 🛈 戻 😭
	21 Wednesday	How are you feeling today? 🕕 戻 😭
	21 Wednesday	
	80	

22 Thursday	How are you feeling today? 🕖 😓 🥃
23 Friday	How are you feeling today? 🕖 😓 🏹
	>
Pupil's Reflections/Te	eacher's Comments

•	Term 2, Week 10	M ay 2025
0	26 Monday	How are you feeling today? 🕛 😓 중
TO		
T2 W10	27 Tuesday	How are you feeling today? 🕐 😓 😭
	28 Wednesday	How are you feeling today? 🜔 😥 😭
-		82

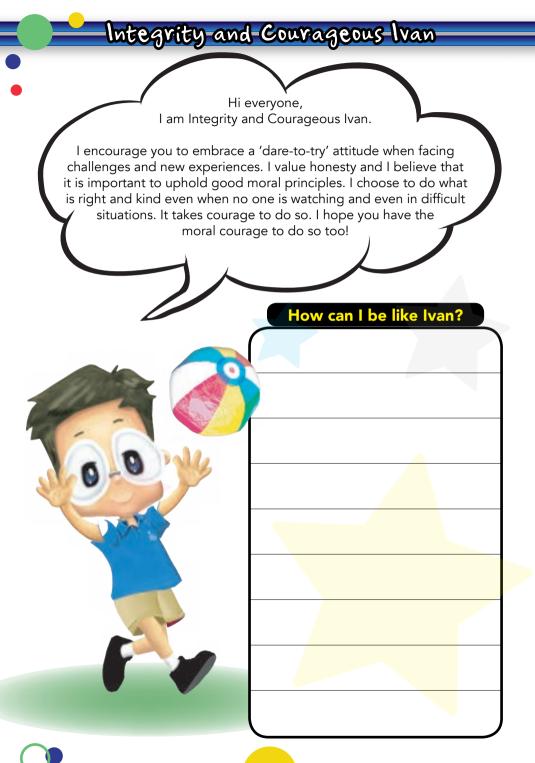
29	Thursday	How are you feeling today? 🕖 😥 🥃
30	Friday	How are you feeling today? 🕐 😥 😪 🔫 W10
		>
	Pupil's Reflections/Tea	cher's Comments
	83	



What made me smile today?

What was the best thing that happened today?

What am I looking forward to?



Term 3 Planner

wк	Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	30 Jun	1 Jul	2 Jul	3 Jul	4 Jul	5 Jul	6 Jul Youth Day
2	7 Jul Youth Day Holiday	8 Jul	9 Jul	10 Jul	11 Jul	12 Jul	13 Jul
3	14 Jul	15 Jul	16 Jul	17 Jul	18 Jul	19 Jul	20 Jul
4	21 Jul	22 Jul	23 Jul	24 Jul	25 Jul	26 Jul	27 Jul
5	28 Jul	29 Jul	30 Jul	31 Jul	1 Aug	2 Aug	3 Aug
6	4 Aug	5 Aug	6 Aug	7 Aug	8 Aug	9 Aug National Day	10 Aug
7	11 Aug National Day	12 Aug	13 Aug	14 Aug	15 Aug	16 Aug	17 Aug
8	18 Aug	19 Aug	20 Aug	21 Aug	22 Aug	23 Aug	24 Aug
9	25 Aug	26 Aug	27 Aug	28 Aug	29 Aug	30 Aug	31 Aug
10	1 Sep	2 Sep	3 Sep	4 Sep	5 Sep Teachers' Day	6 Sep	7 Sep
Term 3 Holiday	8 Sep	9 Sep	10 Sep	11 Sep	12 Sep	13 Sep	14 Sep
Semester 2, Term 3 School Vacation Scheduled School Holidays					l Holidays		

30 Jun (Mon) to 5 Sep (Fri)

6 Sep (Sat) to 14 Sep (Sun)

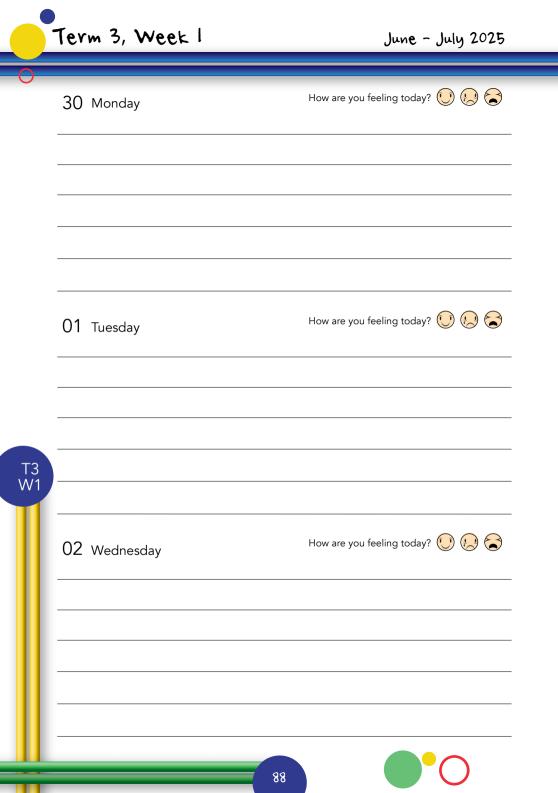
: 6 Jul (Sun)¹ Youth Day Teachers' Day : 5 Sep (Fri)

¹ The following Mon 7 July will be a school holiday.

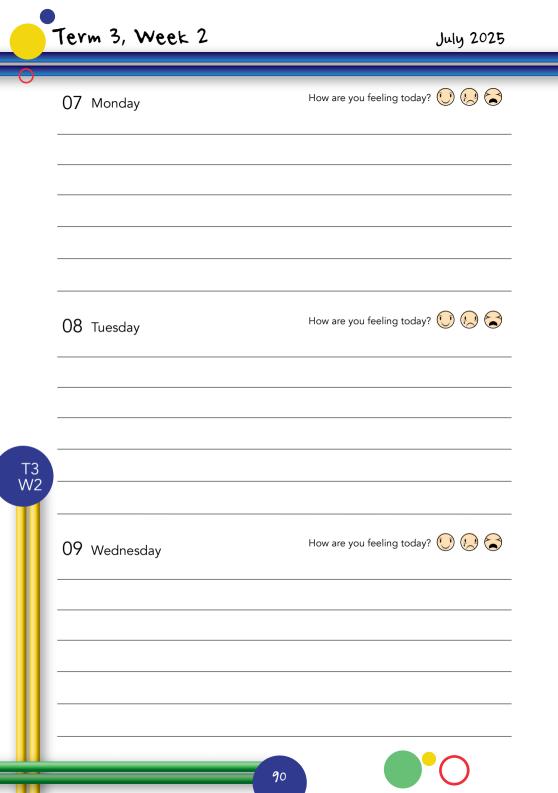
² Mon, 11 Aug will be a school holiday and a designated day off-in-lieu (DOIL). Schools will be closed, including the General Office, Student Care Centres and KCare Centres.

Public Holidays National Day : 9 Aug (Sat)²





03 Thursday	How are you feeling today? 🕐 🤥 🚖
04 Friday	How are you feeling today? 🕐 😥 줎
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11 Friday		
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17 Thursday	How are you feeling today? 🕐 😥 🛜
18 Friday	How are you feeling today? 🕕 😥 줎
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24 Thursday	How are you feeling today? 🕐 😥 🤶
25 Friday	How are you feeling today? 🕐 😥 🧟
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31 Thursday	How are you feeling today? 🕖 😥 🛜
01 Friday	How are you feeling today? 🕐 😥 중
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07 Thursday	How are you feeling today? 🕐 🤔 🍞
08 Friday	How are you feeling today? 🕦 💭 🚖
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14 Thursday	How are you feeling today? 😥
15 Friday	How are you feeling today? 😥 😭
Pupil's	Reflections/Teacher's Comments
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21 Thursday	How are you feeling today? 🕐 😥 🚖
22 Friday	How are you feeling today? 🕐 🤪 중
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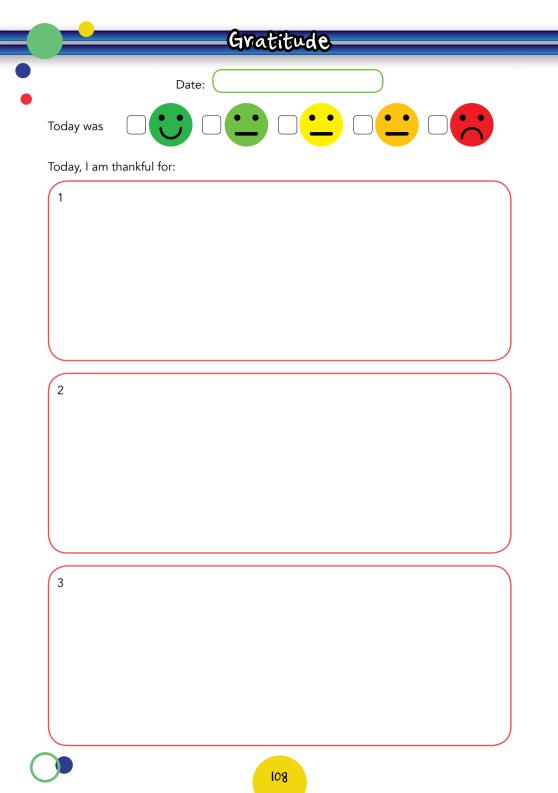


28 Thursday	How are you feeling today? 🛈 😥 🚖
29 Friday	How are you feeling today? 🕐 😓 중
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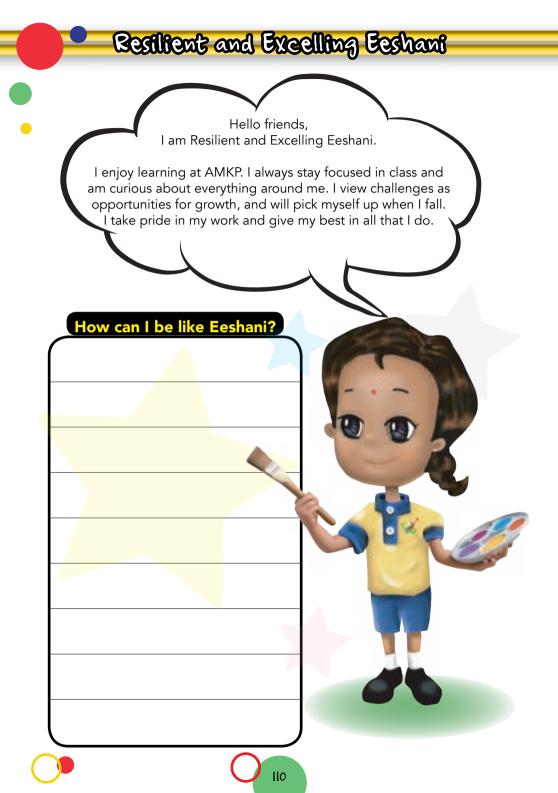
04 Thursday	How are you feeling today? 🕑 😓 중
05 Friday	How are you feeling today? 🕑 😓 중
Pupil's Reflectior	ns/Teacher's Comments
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What made me smile today?

What was the best thing that happened today?

What am I looking forward to?



Term 4 Planner

ωк	Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	15 Sep	16 Sep	17 Sep	18 Sep	19 Sep	20 Sep	21 Sep
2	22 Sep	23 Sep	24 Sep	25 Sep	26 Sep	27 Sep	28 Sep
3	29 Sep	30 Sep	1 Oct	2 Oct	3 Oct Children's Day	4 Oct	5 Oct
4	6 Oct	7 Oct	8 Oct	9 Oct	10 Oct	11 Oct	12 Oct
5	13 Oct	14 Oct	15 Oct	16 Oct	17 Oct	18 Oct	19 Oct
6	20 Oct Deepavali	21 Oct	22 Oct	23 Oct	24 Oct	25 Oct	26 Oct
7	27 Oct	28 Oct	29 Oct	30 Oct	31 Oct	1 Nov	2 Nov
8	3 Nov	4 Nov	5 Nov	6 Nov	7 Nov	8 Nov	9 Nov
9	10 Nov	11 Nov	12 Nov	13 Nov	14 Nov	15 Nov	16 Nov
10	17 Nov	18 Nov	19 Nov	20 Nov	21 Nov	22 Nov	23 Nov
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Semester 2, Term 4 15 Sep (Mon) to 21 Nov (Fri) School Vacation

22 Nov (Sat) to 31 Dec (Wed)

Scheduled School Holiday

Children's Day : 3 Oct (Fri)

Public Holidays

Deepavali Christmas : 20 Oct (Mon) : 25 Dec (Thu)





18 Thursday	How are you feeling today? 🕑 😓 🔂
19 Friday	How are you feeling today? 🕖 😓 중
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25 Thursday	How are you feeling today? 🕖 😓 중
26 Friday	How are you feeling today? <u>(</u>)
Pupil's Reflect	tions/Teacher's Comments
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02 Thursday	How are you feeling today? <u>()</u> 😥 🛜
03 Friday	How are you feeling today? 🕖 😡 🚖
Pupil's Reflection	s/Teacher's Comments



09 Thursday	How are you feeling today? 🜔 😥 중
10 Friday	How are you feeling today? 🕐 😥 😭
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16 Thursday	How are you feeling today? 😥 🗲
17 Friday	How are you feeling today? 😥 😭
Pupil's Reflectic	ons/Teacher's Comments
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23 Thursday	How are you feeling today? 🜔 😥 🗟
24 Friday	How are you feeling today? 🚺 😥 🚖
Pupil's Reflections/T	eacher's Comments



30 Thursday
31 Friday How are you feeling today? 🕑 😥 😂
Pupil's Reflections/Teacher's Comments



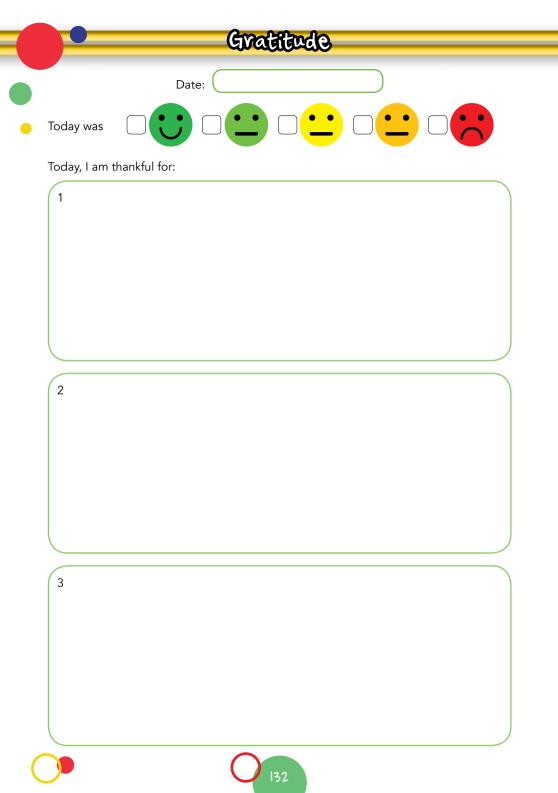
06 Thursday	How are you feeling today? 🚺 😓 😂
07 Friday	How are you feeling today? 🕖 😥 😭
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13 Thursday	How are you feeling today? <u>()</u> 😥 중
4 Friday	How are you feeling today? 🕖 😥 😭
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20 Thursday	How are you feeling today? 😶 😥 🗲
21 Friday	How are you feeling today? <u>(</u>) 😭 😭
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What made me smile today?

What was the best thing that happened today?

What am I looking forward to?

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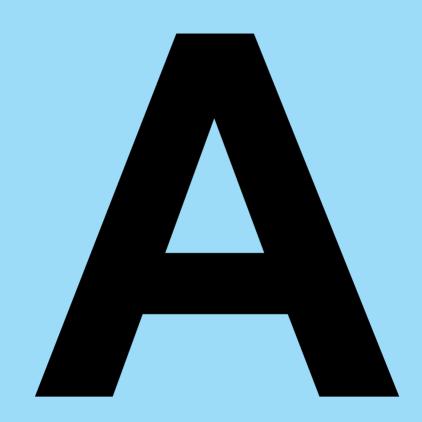
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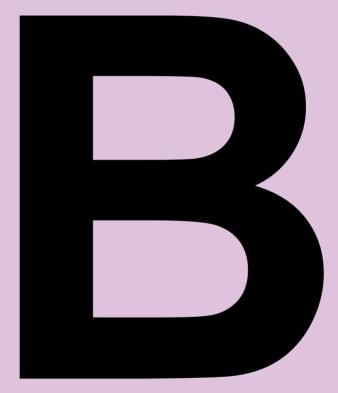
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Destred Outcomes of Education

At the end of primary school, pupils should:

- Be able to distinguish right from wrong.
- Know their strengths and areas for growth.
- Be able to cooperate, share and care for others.
- Have a lively curiosity about things.
- Be able to think for and express themselves confidently.
- Take pride in their work.
- Have healthy habits and an awareness of the arts.
- Know and love Singapore.



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